

National Direct Drug List

Medication Alternatives



The National Direct Drug List is a list of prescription medications approved by the U.S. Food and Drug Administration (FDA). We've reviewed these drugs through our Pharmacy and Therapeutics (P&T) Process, which considers a drug's:

- Effectiveness
- Safety
- Similarity to other drugs within a therapeutic class
- Affordability

The National Drug Direct List is an open drug list or formulary, with some closed drug classes. The list includes a broad range of drug choices — including 97.5% of all prescription medications.* If a medication is not on the list, there are other high-quality, cost-effective choices, called preferred alternatives, that are.

Medications not included on the National Direct Drug List are shown on the chart included here, along with their preferred alternatives that are on the list. Please note,

exclusions and limitations may apply. For details about what's covered and what's not, it's best to check the Certificate/Evidence of Coverage or Summary Plan Description.

To view and search the complete National Direct Drug List, members should log in at anthem.com and choose Prescription Benefits. Information on dosage/strength options and any restrictions such as quantity limits, prior authorization or step therapy requirements is available.

Members can also call Pharmacy Member Services at the number on their member ID card or visit anthem.com.

What if a medication isn't on the National Direct Drug List?

There may be times when your drug isn't on the National Direct Drug List.

You can talk to your doctor or pharmacist to see if there's another covered drug that will work just as well, or if generic or OTC drugs are an option. Only you and your physician can decide what drugs are right for you.

For the most up-to-date information, members should log in at anthem.com and choose **Prescription Benefits**.

Drug Class	Medications not on the National Direct Drug List	Preferred alternatives
Allergic Reaction Treatment	Auvi-Q	epinephrine auto-injector
Amyotrophic Lateral Sclerosis (ALS)	Radicava	See Medical Benefit
Anesthetics - topical	Lidocaine-Tetracaine, Pliaglis, Synera, Ztildo	lidocaine pad 5%, lidocaine-prilocaine 2.5%-2.5% ⁶
Anti-Cataleptic	Xywav	Xyrem
Anticoagulants	Pradaxa, Savaysa	Eliquis, Xarelto
Anticonvulsants	Lamictal ODT Kit, Lamictal XR Kit	lamotrigine tablet/ODT/ER
Antidepressants	Drizalma Sprinkle, Viibryd	citalopram, duloxetine, escitalopram, paroxetine, sertraline, venlafaxine/er
Antihistamine - ophthalmic	Alocril, Alomide, Bepreve, Lastacaft, Pataday (Brand and Generic), Patanol (Brand and Generic), Pazeo, Zerviate	azelastine, epinastine
Antihistamine - oral	Carbinoxamine 6mg Tablet, dexchlorpheniramine syrup	carbinoxamine solution, carbinoxamine 4mg tablet, clemastine tablet, desloratadine tablet
Antiviral - oral	Sitavig	acyclovir (oral solution, capsule, tablet), famciclovir tablet, valacyclovir tablet
Attention deficit hyperactivity disorder (ADHD)	Desoxyn (Brand and Generic)	amphetamine-dextroamphetamine tablet/ER capsule, dextroamphetamine ER capsule, methylphenidate tablet/capsule, methylphenidate hcl er tablet
Calcium Channel Blocker-NSAID Combination	Consensi	amlodipine, meloxicam
Constipation	Motegrity, Trulance, Zelnorm	Amitiza, Linzess, Movantik
COPD - LABA/LAMA	Bevespi Aerosphere, Duaklir Pressair, Utibron Neohaler	Anoro Ellipta, Stiolto Respimat
COPD - LAMA	Incruse Ellipta, Seebri Neohaler, Tudorza Pressair	Spiriva
Dermatologic - acne/rosacea topical	Adapalene Solution, Altreno, Amzeeq, Azelex, clindamycin phosphate 1% gel ² , Differin Lotion, Epiduo Forte, Fabior, Plixda, Retin-A Micro Gel 0.06%, 0.08%, Veltin	adapalene (gel, cream, lotion, swab), adapalene-benzoyl peroxide gel pump, azelaic acid gel, clindamycin phosphate (foam, gel ³ , lotion, pledget, solution), clindamycin-tretinoin gel, erythromycin, metronidazole, tazarotene cream, tretinoin (gel, cream, microsphere gel/pump)
Dermatologic - oral anti-infectives	Doryx MPC, Doxycycline Hyclate DR, Minolira, Oracea (Brand and Generic), Seysara, Vibramycin Syrup, Ximino (Brand and Generic)	doxycycline hyclate (immediate release), doxycycline monohydrate (immediate release), doxycycline suspension, minocycline

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Diabetes - Biguanides	Fortamet (Brand and Generic), Glumetza (Brand and Generic)	metformin ER (generic Glucophage XR)
Diabetes - DPP4s/combos	Jentadueto, Jentadueto XR, Kombiglyze XR, Onglyza, Tradjenta	Januvia, Janumet, Janumet XR
Diabetes - GLP1s	Adlyxin, Bydureon, Byetta	Ozempic, Rybelsus, Trulicity, Victoza
Diabetes - long-acting insulin	Lantus, Semglee	Basaglar, Levemir, Soliqua, Toujeo, Tresiba, Xultophy
Diabetes - rapid-acting insulin	Admelog, Afrezza, Apidra, Fiasp, Insulin Aspart, Insulin Aspart Protamine-Aspart, Insulin Lispro, Insulin Lispro Protamine-Lispro, Lyumjev, Novolin, Novolog	Humulin, Humalog
Diabetes - SGLT2/combos	Glyxambi, Invokamet, Invokamet XR, Invokana, Qtern, Segluromet, Steglatro, Steglujan, Trijardy XR	Farxiga, Jardiance, Synjardy, Synjardy XR, Xigduo XR
Diabetic Test Strips and Glucometers	All except Accu-Chek and OneTouch Products	Accu-Chek and OneTouch Products
Dry Eye	Cequa, Lacrisert	Restasis, Xiidra
Erectile dysfunction	Stendra	sildenafil citrate (generic Viagra), tadalafil (generic Cialis)
Gout	Mitigare (Brand and Generic)	colchicine tablet
Growth hormone	Norditropin, Nutropin AQ, Omnitrope, Saizen, Zomacton	Genotropin, Humatrope
Hepatitis C	Ledipasvir/Sofosbuvir, Mavyret, Sofosbuvir/Velpatasvir, Zepatier	Eplusa, Harvoni, Vosevi
Immunologicals	Actemra, Cimzia, Ilumya, Kevzara, Kineret, Olumiant, Orenzia, Siliq, Simponi, Taltz	Cosentyx, Enbrel, Humira, Otezla, Rinvoq, Stelara, Skyrizi, Tremfya, Xeljanz/XR
Infliximab Products	Avsola, Renflexis	Inflectra, Remicade
Leukotriene Modifiers	Zyflo, Zyflo CR (Brand and Generic)	montelukast tablet, zafirlukast tablet
Lipid/Cholesterol lowering - fibric acid	Antara, Fenofibrate Tab 160mg ^s , Fenofibric Tab 105mg ^s , Triglide	choline fenofibrate (generic), fenofibrate (generic), fenofibrate micronized (generic), fenofibric acid (generic), gemfibrozil
Lipid/Cholesterol lowering - statin	Altprev, Ezallor Sprinkle, Flolipid, Livalo, Simvastatin Suspension, Zypitamag	atorvastatin, fluvastatin sodium er, lovastatin, pravastatin, rosuvastatin, simvastatin
Migraine - ergotamine	Ergomar, Migranal (Brand and Generic)	almotriptan, eletriptan, ergot-caffeine tablet, naratriptan, rizatriptan tablet/ODT, sumatriptan tablet/nasal/injection/statdose/refill, zolmitriptan tablet/ODT
Migraine - CGRP	Ajovy, Ubrelvy, Vyepiti	Aimovig, Emgality, Nurtec
Migraine - ditan, triptan/combos	Onzetra, Reyvow, Tosymra, Treximet 10-60mg Tablet, Zembrace, Zomig Spray	almotriptan, eletriptan, naratriptan, rizatriptan tablet/ODT, sumatriptan tablet/nasal/injection/statdose/refill, zolmitriptan tablet/ODT
Multiple Sclerosis	Avonex, Bafiertam, Extavia, Glatiramer, Glatopa, Ocrevus, Plegridy, Vumerity	Betaseron, Copaxone, dimethyl fumarate, Gilenya, Rebif
Narcotic antagonists	Evzio, naloxone injection 2mg	naloxone injection 1mg/ml, 0.4mg/ml, Narcan
Non-Steroidal Anti-Inflammatories	Cambia, Diclofenac Capsule 35mg, Duexis, Fenoprofen 200mg Capsule (Brand and Generic), fenoprofen 400mg capsule, Indocin, indomethacin 20mg capsule, ketoprofen 25mg capsule, Nalfon (Brand and Generic), Naprelan (Brand and Generic), Qmiiz ODT, Relafen DS, Tivorbex, Vimovo (Brand and Generic), Vivlodex, Zipsor, Zorvolex	diclofenac tablet, etodolac, fenoprofen tablet, ibuprofen tab/susp, indomethacin capsule, meloxicam tab/susp, misoprostol, nabumetone, naproxen tab/susp, piroxicam
Non-Steroidal Anti-Inflammatories - nasal/topical	diclofenac solution 1.5%, Flector (Brand and Generic), Ketorolac Sol Tromethamine, Licart, Pennsaid, Sprix	diclofenac 1% gel
Osteoporosis	Tymlos	Forteo
Overactive bladder	Gelnique, Oxytrol	oxybutynin chloride/ER, solifenacin succinate, tolterodine tartrate/ER
Ovulatory Stimulants	Follistim AQ	Gonal-F
Pain management - butalbital combos	Allzital, Butalbital-Aspirin-Caffeine Tablet, vanatol s, vtol lq	butalbital-acetaminophen tablet, butalbital-acetaminophen-caffeine capsule/tablet, butalbital-aspirin-caffeine capsule
Pain management - narcotic analgesics	Arymo ER, Embeda, Hysingla ER, Kadian 200mg, Morphabond ER, Nucynta ER, Xtampza ER, Zohydro ER (Brand and Generic)	hydromorphone er, morphine sulfate er, oxymorphone er
Pain management - opioid combos	Lortab Elixir, nalocet, oxycodone-acetaminophen 2.5-300mg tablet, Primlev, Prolate	hydrocodone-acetaminophen tablet/solution, oxycodone-acetaminophen tablet
Pain management - transmucosal fentanyl	Abstral, Lazanda, Subsys	fentanyl citrate

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Proton Pump Inhibitors	Aciphex (Brand and Generic), Aciphex Sprinkle, Esomeprazole Strontium, Nexium (Brand and Generic), Prevacid (Brand and Generic), Prilosec Packet, Protonix Packet (Brand and Generic), Rabeprazole DR Sprinkle, Zegerid (Brand and Generic)	Dexilant, omeprazole, pantoprazole
Respiratory – anti-inflammatory	Airduo Digihaler, Alvesco, Armonair, Asmanex HFA, Asmanex Twisthaler, Dulera, fluticasone-salmeterol, wixela	Advair HFA/Diskus, Arnuity Ellipta, budesonide-formoterol fumarate dihydrate, Breo Ellipta, Flovent HFA/Diskus, Pulmicort Flexhaler, Qvar Redihaler, Symbicort, Trelegy
Skeletal muscle relaxants	Amrix (Brand and Generic), Chlorzoxazone 250mg Tablet, Ozobax	chlorzoxazone 500mg, cyclobenzaprine, orphenadrine
Steroids - intranasal	Beconase AQ, Omnaris, Qnasl, Qnasl Child, Xhance, Zetonna	fluticasone nasal
Steroids - oral	Emflaza, Rayos	hydrocortisone, methylprednisolone, prednisone solution/tablet, prednisolone
Steroids - topical low potency	Ala Scalp, Capex, Micort-HC, Texacort, Verdeso	desonide cream/lotion 0.05%, betameth val lotion 0.1%, fluocinolone cream/solution 0.01% & oils, aclometasone cream/oint 0.05%, HC cream/oint/soln 1%, HC cream/lotion/oint 2.5%, triamcinolone cream/lotion 0.025%, hydrocortisone oint absorbbase, alo cort cream
Steroids - topical medium potency	Cloderm, Cordran Cream, Pandel, Sernivo	betameth dip lotion 0.05%, betameth val cream 0.1%, desonide gel/oint 0.05%, fluocinolone cream/oint 0.025%, fluticasone cream/lotion 0.05%, beser lotion, prednicarbate cream/oint 0.1%, mometasone cream/solution/oint 0.1%, triamcinolone cream/lotion/oint 0.1% & oint 0.025%, triderm cream 0.1%
Steroids - topical high potency	Amcinonide Oint, Apexicon E, Bryhali, Halog Oint/Soln, Impoz, Psorcon	betameth dip cream/oint 0.05%, betameth val oint 0.1%, fluticasone oint 0.005%, aug betameth dip cre 0.05%, fluocinonide cre/E cre/gel/oint/solution 0.05%, triamcinolone cre/oint 0.5%, triderm cre 0.5%
Steroids - topical very high potency	Cordran Tape, Halobetasol Aer, Impeklo, Lexette, Ultravate Lot	aug bethameth gel/lotion/oint 0.05%, clobetasol all dosage forms 0.05%, clodan shamp, tovet, fluocinonide cre 0.1%, halobetasol cre/oint 0.05%
Testosterone	Aveed, Methitest, methyltestosterone capsule, Xyosted	testosterone enanthate injection, testosterone cypionate injection
Testosterone – topical	Natesto	testosterone gel, gel pump, topical solution
Vitamins	Nascobal	cyanocobalamin injection

1 Please note: Preferred alternatives are on multiple tiers, depending on benefit plan. Tiers represent levels of coverage. Member cost share amounts generally increase at higher tier levels.

2Oceanside

3Greenstone, Sandoz

4Basiem

5Sarras Health

6Except Actavis

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Abilify^	Cequa	Fenofibrate 160mg Tablet (by Basiem)	Lithobid^	Prilosec Packet	Tribenzor^
Abstral	Chlorzoxazone 250mg	Fenofibric 105mg Tablet (by Sarras Health)	Livalo	Primlev	Tridesilon^
Acanya^	Cialis^	Fenoprofen 200mg Capsule (Brand and Generic)	Locoid^	Prinivil^	Triglide
Accupril^	Cimzia	fenoprofen 400mg capsule	Lopressor^	Pristiq^	Trijardy XR
Aciphex (Brand and Generic)	Clindagel Gel 1%^	Fiasp	Lortab Elixir	Prolate	Trileptal^
Aciphex Sprinkle	clindamycin gel 1% (by Oceanside)	Finacea^	Lotrel^	Prometrium^	Trulance
Actemra	Clobex^	Fioricet/Codeine^	Lovaza^	Protonix Pak (Brand and Generic)	Truvada^
Acticlate^	Cloderm Pump	Fioricet^	Lovenox^	Protonix^	Tudorza Pressair
Actiq^	Cloderm^	Fiorinal/Codeine^	Lunesta^	Protopic^	Tylenol/Codeine^
Actos^	Clozaril^	Fiorinal^	Luxiq^	Provigil^	Tymlos
Aczone^	Colazal^	Flector (Brand and Generic)	Lyrica^	Prozac^	Ubrelvy
Adapalene Solution	Colcrys^	Flolipid	Lyumjev	Prudoxin^	Uloric^
Adcirca^	Concerta^	Flomax^	Mavyret	Psorcon	Ultracet^
Adderall XR^	Consensi	fluticasone-salmeterol (generic Advair Diskus)	Maxalt^	Pulmicort^	Ultram^
Adderall^	Cordran Tape	Focalin XR^	Methitest	Qmiiz ODT	Ultravate Cre^/Oint^
Adlyxin	Cordran^	Follistim AQ	methyltestosterone capsule	Qnasl	Ultravate Lotion
Admelog	Coreg CR^	Forfivo XL^	Metrogel^	Qnasl Child	Uroxatral^
Afrezza	Coreg^	Fortamet (Brand and Generic)	Metrolootion^	Qtern	Utibron Neohaler
Airduo^/Digihaler	Corgard^	Fortesta^	Micardis HCT^	Rabeprazole DR Sprinkle	Vagifem^
Ajovy	Cosopt PF^	Frova^	Micardis^	Radicava (See Medical Benefit)	Valium^
Ala Scalp	Cosopt^	Gabitril^	Micort-HC	Rapaflo^	Valtrex^
Allzital	Cozaar^	Gelnique	Migranal (Brand and Generic)	Rayos	vanatol s
Alocril	Crestor^	Geodon^	Minivelle^	Relafen DS	Vanos^
Alomide	Cuprimine^	glatiramer	Minocin^	Relpax^	Vasotec^
Altace^	Cutivate^	glatopa	minocycline hcl capsule er	Renagel^	Vectical^
Altoprev	Cymbalta^	Gleevec^	Minolira	Renflexis	Veltin
Altreno	D.H.E 45^	Glucophage^	Mitigare (Brand and Generic)	Retin-A^	Verdeso

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Alvesco	Depacon^	Glumetza (Brand and Generic)	Mobic	Revatio^	Vesicare^
Ambien CR^	Depakene^	Glyxambi	Morphabond ER	Reyvow	Vfend^
Ambien^	Depakote ER^	Halobetasol Aer	Motegrity	Risperdal^	Viagra^
Amcinonide Oint	Depakote Sprinkles^	Halog Cream^	MS Contin^	Rozerem^	Vibramycin Cap^ / Susp^
Amerge^	Depakote^	Halog Oint/Soln	Mysoline^	Sabril^	Vibramycin Syb
Amrix (Brand and Generic)	Derma-Smooth^	Hysingla ER	Nalfon (Brand and Generic)	Saizen	Viibryd
Amzeeq	Desonate^	Hyzaar^	nalocet	Sarafem^	Vimovo (Brand and Generic)
Anafranil^	Desowen^	Illumya	naloxone inj 2mg	Savaysa	Viread Tab 300mg^
Androgel^	Desoxy (Brand and Generic)	Imitrex^	Namenda XR^	Seebri Neohaler	Vivelle-Dot^
Antara	Detrol LA^	Impoyz	Naprelan (Brand and Generic)	Segluromet	Vivlodex
Apexicon E	Detrol^	Incruse Ellipta	Naprosyn^ / EC-Naprosyn^	Semglee	Vogelxo^
Apidra	dexchlorpheniramine syp	Inderal LA^	Nascobal	Sernivo	Voltaren Gel^
Arimidex^	Dexedrine^	Indocin	Nasonex^	Seroquel XR^	vtol lq
Armonair	Diclegis^	indomethacin 20mg capsule	Natesto	Seroquel^	Vumerity
Arthrotec^	Diclofenac Cap 35mg	Insulin Aspart	Nesina^	Seysara	Vyepti
Arymo ER	diclofenac sol 1.5%	Insulin Aspart Protamine/Aspart	Neurontin^	Siliq	Vytorin^
Asacol HD^	Differin Cream^ / Gel^	Insulin Lispro	Nexium (Brand and Generic)	Simponi	Welchol^
Asmanex HFA	Differin Lotion	Insulin Lispro Protamine/Lispro	Norco^	Simvastatin Suspension	Wellbutrin SR^
Asmanex Twisthaler	Diovan HCT^	Intuniv^	Norditropin	Singulair^	Wellbutrin XL^
Atacand HCT^	Diovan^	Invenga^	Norvasc^	Sitavig	wixela
Atacand^	Diprolene^/AF^	Invokamet	Novolin	Sofosbuvir / Velpatasvir	Xalatan^
Ativan^	Ditropan XL^	Invokamet XR	Novolog	Solodyn^	Xanax XR^
Atralin^	Doryx MPC	Invokana	Nucynta ER	Sprix	Xanax^
Atripila^	Doryx^	Istalol^	Nutropin AQ	Staxyn^	Xhance
Auvi-Q	Doxycycline Hyclate DR	Jentaduetto	Nuvigil^	Steglatro	Ximino (Brand and Generic)
Avalide^	Drizalma Sprinkle	Jentaduetto XR	Ocrevus (See Medical Benefit)	Steglujan	Xopenex^
Avapro^	Duaklir Pressair	Kadian^	Olumiant	Stendra	Xtampza ER
Aveed	Duexis	Kazano^	Olux^	Strattera^	Xyosted
Avodart^	Dulera	Kenalog Aer Spray^	Olux-E^	Suboxone^	Xywav
Avonex	Dyrenium^	Keppra XR^	Omnaris	Subsys	Zarontin^

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Avsola	E.E.S. Granules [^]	Keppra [^]	Omnipred [^]	Symfi [^] /Symfi Lo [^]	Zavesca [^]
Azelex	Effexor XR [^]	ketoprofen 25mg capsule	Omnitrope	Synalar [^]	Zegerid (Brand and Generic)
Azor [^]	Effient [^]	Ketorolac Sol Tromethamine	Onfi [^]	Synera	Zelnorm
Bafiertam	Elidel [^]	Kevzara	Onglyza	Syprine [^]	Zembrace
Baraclude Tablet [^]	Elocon [^]	Kineret	Onzetra	Taltz	Zepatier
Beconase AQ	Embeda	Kitabis Pak [^]	Oracea (Brand and Generic)	Targretin [^]	Zerviate
Benicar HCT [^]	Emend [^]	Klonopin [^]	Orencia	Tazorac [^]	Zestril [^]
Benicar [^]	Emflaza	Kombiglyze XR	Oseni [^]	Tecfidera [^]	Zetia [^]
Benzaclin [^]	Enablex [^]	Lacrisert	oxycodone/acetaminophen 2.5-300mg tablet	Tegretol XR [^]	Zetonna
Bepreve	Epiduo Forte	Lamictal ODT Kit	Oxytrol	Tegretol [^]	Ziana [^]
Betapace AF [^]	Epiduo [^]	Lamictal XR Kit	Ozobax	Tekturna [^]	Zipsor
Betapace [^]	Epipen Jr [^]	Lamictal XR [^]	Pandel	Temovate [^]	Zocor [^]
Bevespi Aerosphere	Epipen [^]	Lamictal [^]	Pataday (Brand and Generic)	Tenormin [^]	Zohydro ER (Brand and Generic)
Brisdelle [^]	Ergomar	Lanoxin [^]	Patanol (Brand and Generic)	Testim [^]	Zolof [^]
Bryhali	Eryped [^]	Lantus	Paxil CR [^]	Texacort	Zomacton
Butalbital/Acetaminophen Capsule [^]	Esgic [^]	Lastacaft	Paxil [^]	Tikosyn [^]	Zomig Spr
Butalbital/Aspirin/Caffeine Tablet	Esomeprazole Strontium	Lazanda	Pazeo	Tivorbex	Zomig [^]
Bydureon	Estrace Vaginal Cream [^]	Ledipasvir/Sofosbuvir	Pennsaid	Tobi [^]	Zonalon [^]
Byetta	Estrace [^]	Lescol XL [^]	Percocet [^]	Topamax Sprinkle [^]	Zonegran [^]
Cafergot [^]	Evekeo [^]	Letairis	Plaquenil [^]	Topamax [^]	Zorvolex
Cambia	Evzio	Levitra [^]	Plavix [^]	Topicort [^]	Zovirax Cream [^]
Capex	Exforge HCT [^]	Lexapro [^]	Plegridy	Toprol XL [^]	Ztlido
Carbatrol [^]	Exforge [^]	Lexette	Pliaglis	Tosymra	Zyflo
Carbinoxamine 6mg	Extavia	Lialda [^]	Plixda	Tradjenta	Zyflo CR (Brand and Generic)
Cardizem CD [^]	Ezallor Sprinkle	Licart	Pradaxa	Transderm Scop [^]	Zypitamag
Cardizem LA [^]	Fabior	Lidocaine-Tetracaine	Pravachol [^]	Tranxene T [^]	Zyprexa [^]
Celebrex [^]	Fazaclo [^]	Lidoderm [^]	Pred Forte [^]	Travatan Z [^]	[^] Multisource brand exclusions - The generic equivalent of this brand name medication is the alternative.

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Celexa^	Felbatol^	Lipitor^	Prevacid (Brand and Generic)	Treximet^	
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Members can also call Pharmacy Member Services at the number on their member ID card or visit [anthem.com](https://www.anthem.com).

Get help in your language

Curious to know what all this says? We would be too. Here's the English version:

You have the right to get this information and help in your language for free. Call the Member Services number on your ID card for help. (TTY/TDD: 711)

Separate from our language assistance program, we make documents available in alternate formats for members with visual impairments. If you need a copy of this document in an alternate format, please call the customer service telephone number on the back of your ID card.

Spanish

Tiene el derecho de obtener esta información y ayuda en su idioma en forma gratuita. Llame al número de Servicios para Miembros que figura en su tarjeta de identificación para obtener ayuda. (TTY/TDD: 711)

Chinese

您有權使用您的語言免費獲得該資訊和協助。請撥打您的 ID 卡上的成員服務號碼尋求協助。(TTY/TDD: 711)

Vietnamese

Quý vị có quyền nhận miễn phí thông tin này và sự trợ giúp bằng ngôn ngữ của quý vị. Hãy gọi cho số Dịch Vụ Thành Viên trên thẻ ID của quý vị để được giúp đỡ. (TTY/TDD: 711)

Korean

귀하에게는 무료로 이 정보를 얻고 귀하의 언어로 도움을 받을 권리가 있습니다. 도움을 얻으려면 귀하의 ID 카드에 있는 회원 서비스 번호로 전화하십시오. (TTY/TDD: 711)

Tagalog

May karapatan kayong makuha ang impormasyon at tulong na ito sa ginagamit ninyong wika nang walang bayad. Tumawag sa numero ng Member Services na nasa inyong ID card para sa tulong. (TTY/TDD: 711)

Russian

Вы имеете право получить данную информацию и помощь на вашем языке бесплатно. Для получения помощи звоните в отдел обслуживания участников по номеру, указанному на вашей идентификационной карте. (TTY/TDD: 711)

Arabic

يحق لك الحصول على هذه المعلومات والمساعدة بلغتك مجاناً. اتصل برقم خدمات الأعضاء الموجود على بطاقة التعريف الخاصة بك للمساعدة. (TTY/TDD: 711)

Armenian

Ձեր իրավունք ունեք Ձեր լեզվով անվճար ստանալ այս տեղեկատվությունը և ցանկացած օգնություն: Օգնություն ստանալու համար զանգահարեք Անդամների սպասարկման կենտրոն՝ Ձեր ID քարտի վրա նշված համարով: (TTY/TDD: 711)

Farsi

شما این حق را دارید که این اطلاعات و کمکها را به صورت رایگان به زبان خودتان دریافت کنید. برای دریافت کمک به شماره مرکز خدمات اعضاء که بر روی کارت شناساییتان درج شده است، تماس بگیرید. (TTY/TDD: 711)

French

Vous avez le droit d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour cela, veuillez appeler le numéro des Services destinés aux membres qui figure sur votre carte d'identification. (TTY/TDD: 711)

Japanese

この情報と支援を希望する言語で無料で受けることができます。支援を受けるには、IDカードに記載されているメンバーサービス番号に電話してください。(TTY/TDD: 711)

Haitian

Ou gen dwa pou resevwa enfòmasyon sa a ak asistans nan lang ou pou gratis. Rele nimewo Manm Sèvis la ki sou kat idantifikasyon ou a pou jwenn èd. (TTY/TDD: 711)

Italian

Ha il diritto di ricevere queste informazioni ed eventuale assistenza nella sua lingua senza alcun costo aggiuntivo. Per assistenza, chiami il numero dedicato ai Servizi per i membri riportato sul suo libretto. (TTY/TDD: 711)

Polish

Masz prawo do bezpłatnego otrzymania niniejszych informacji oraz uzyskania pomocy w swoim języku. W tym celu skontaktuj się z Działem Obsługi Klienta pod numerem telefonu podanym na karcie identyfikacyjnej. (TTY/TDD: 711)

Punjabi

ਤੁਹਾਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਇਹ ਜਾਣਕਾਰੀ ਅਤੇ ਮਦਦ ਮੁਫਤ ਵਿੱਚ ਪ੍ਰਾਪਤ ਕਰਨ ਦਾ ਅਧਿਕਾਰ ਹੈ। ਮਦਦ ਲਈ ਆਪਣੇ ਆਈਡੀ ਕਾਰਡ ਉੱਤੇ ਮੈਂਬਰ ਸਰਵਿਸਜ਼ ਨੰਬਰ ਤੇ ਕਾਲ ਕਰੋ। (TTY/TDD: 711)

Navajo

Bee ná ahoót'í t'áá ni nizaad k'ehjí níká a'doowół t'áá jík'e. Naaltsoos bee atah nilínígíí bee né'cho'dólzingo nanitínígíí béésh bee hane'í bikáá' áájí' hodiílnih. Naaltsoos bee atah nilínígíí bee né'cho'dólzingo nanitínígíí béésh bee hane'í bikáá' áájí' hodiílnih. (TTY/TDD: 711)

It's important we treat you fairly

That's why we follow federal civil rights laws in our health programs and activities. We don't discriminate, exclude people, or treat them differently on the basis of race, color, national origin, sex, age or disability. For people with disabilities, we offer free aids and services. For people whose primary language isn't English, we offer free language assistance services through interpreters and other written languages. Interested in these services? Call the Member Services number on your ID card for help (TTY/TDD: 711). If you think we failed to offer these services or discriminated based on race, color, national origin, age, disability, or sex, you can file a complaint, also known as a grievance. You can file a complaint with our Compliance Coordinator in writing to Compliance Coordinator, P.O. Box 27401, Mail Drop VA2002-N160, Richmond, VA 23279. Or you can file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201 or by calling 1-800-368-1019 (TDD: 1-800-537-7697) or online at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>. Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.