

# National Drug List

## Medication Alternatives



And Its Affiliate HealthKeepers, Inc.

The National Drug List is a list of prescription medications approved by the U.S. Food and Drug Administration (FDA). We've reviewed these drugs through our Pharmacy and Therapeutics (P&T) Process, which considers a drug's:

- Effectiveness
- Safety
- Similarity to other drugs within a therapeutic class
- Affordability

The National Drug List is an open drug list or formulary, with some closed drug classes. The list includes a broad

range of drug choices — including 97% of all prescription medications.\* If a medication is not on the list, there are other high-quality, cost-effective choices, called preferred alternatives, that are.

Medications not included on the National Drug List are shown on the chart included here, along with their preferred alternatives that are on the list. Please note, exclusions and limitations may apply. For details about what's covered and what's not, it's best to check the *Certificate/Evidence of Coverage or Summary Plan Description*.

For the most up-to-date information, members should log in at [anthem.com](http://anthem.com) and choose **Prescription Benefits**.

Drug class	Medications not on the National Drug List	Preferred alternatives
Allergic Reaction Treatment	Auvi-Q	epinephrine auto-injector (authorized generic EpiPen from Mylan)
Amyotrophic Lateral Sclerosis (ALS)	Radicava	See Medical Benefit
Anesthetics - topical	Lidocaine-Tetracaine, Pliaglis, Synera, Zenevix, Ztlido	lidocaine pad 5%, lidocaine-prilocaine 2.5%-2.5% <sup>6</sup>
Anticonvulsants	Lamictal ODT Kit, Lamictal XR Kit	lamotrigine tablet/ODT/ER
Antidepressants - SNRIs	Drizalma Sprinkle	duloxetine, venlafaxine/er
Antihistamine - ophthalmic	Alocril, Alomide, Bepreve, Lastacraft, Pataday (Brand and Generic), Patanol (Brand and Generic), Pazeo, Zerviate	azelastine, epinastine
Antihistamine - oral	Carbinoxamine 6mg Tablet, dexchlorpheniramine syrup	carbinoxamine solution, carbinoxamine 4mg tablet, clemastine tablet, desloratadine tablet
Antiviral - oral	Sitavig	acyclovir (oral solution, capsule, tablet), famciclovir tablet, valacyclovir tablet
Attention deficit hyperactivity disorder (ADHD)	Desoxyn (Brand and Generic)	amphetamine-dextroamphetamine tablet/ER capsule, dextroamphetamine ER capsule, methylphenidate tablet/capsule, methylphenidate hcl er tablet
Calcium Channel Blocker-NSAID Combination	Consensi	amlodipine, meloxicam
Constipation	Motegrity, Trulance, Zelnorm	Amitiza, Linzess, Movantik
Dermatologic - acne topical	Adapalene Solution, Altreno, clindamycin phosphate 1% gel <sup>2</sup> , Differin Lotion, Epiduo Forte, Fabior, Plixda, Retin-A Micro Gel 0.06%, 0.08%, Veltin	adapalene (gel, cream, lotion, swab), adapalene-benzoyl peroxide gel pump, clindamycin phosphate (foam, gel <sup>3</sup> , lotion, pledget, solution), clindamycin-tretinoin gel, tazarotene cream, tretinoin (gel, cream, microsphere gel/pump)
Dermatologic - oral anti-infectives	Doryx MPC, Doxycycline Hyclate DR, minocycline hcl capsule er, Minolira, Nutridox Kit, Oracea (Brand and Generic), Seysara, Vibramycin Syrup, Ximino	doxycycline hyclate (immediate release), doxycycline monohydrate (immediate release), doxycycline suspension, minocycline
Diabetes - Biguanides	Fortamet (Brand and Generic), Glumetza (Brand and Generic)	metformin ER (generic Glucophage XR)
Diabetes - DPP4s/combos	Kombiglyze XR, Onglyza, Tradjenta	Januvia, Janumet, Janumet XR
Diabetes - GLP1s	Adlyxin, Bydureon, Byetta, Rybelsus, Tanzeum	Ozempic, Trulicity, Victoza
Diabetes - long-acting insulin	Basaglar, Tresiba	Lantus, Levemir, Toujeo
Diabetes - rapid-acting insulin	Admelog, Afrezza, Apidra, Fiasp, Insulin Aspart, Insulin Aspart Protamine-Aspart, Lyumjev, Novolin, Novolog	Humulin, Humalog, Insulin Lispro, Insulin Lispro Protamine-Lispro
Diabetes - SGLT2/combos	Glyxambi, Invokamet, Invokamet XR, Invokana, Jentadueto, Jentadueto XR, Qtern, Segluromet, Steglatro, Steglujan, Trijardy XR	Farxiga, Jardiance, Synjardy, Synjardy XR, Xigduo XR
Diabetic Test Strips and Glucometers	All except Accu-Chek and One Touch Products	Accu-Chek and One Touch Products
Dry Eye	Cequa, Lacrisert	Xiidra
Erectile dysfunction	Stendra	sildenafil citrate (generic Viagra), tadalafil (generic Cialis)
Gout	Mitigare (Brand and Generic)	colchicine tablet
Growth hormone	Genotropin, Norditropin, Omnitrope, Saizen, Zomacton	Humatrope, Nutropin/AQ
Hepatitis C	Harvoni, Ledipasvir/Sofosbuvir, Mavyret, Sofosbuvir/Velpatasvir, Zepatier	Epcclusa

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HIV	Descovy	Truvada
Immunologicals	Actemra, Cimzia, Ilumya, Kevzara, Kineret, Olumiant, Orenzia, Otezla, Siliq	Cosentyx, Enbrel, Humira, Rinvoq, Simponi, Stelara, Skyrizi, Tremfya
Infliximab Products	Avsola, Inflectra, Renflexis	Remicade
Leukotriene Modifiers	Zyflo, Zyro CR (Brand and Generic)	montelukast tablet, zafirlukast tablet
Lipid/Cholesterol lowering - fibric acid	Antara, Fenofibrate Tab 160mg <sup>5</sup> , Fenofibric Tab 105mg <sup>5</sup> , Triglide	choline fenofibrate (generic), fenofibrate (generic), fenofibrate micronized (generic), fenofibric acid (generic), gemfibrozil
Lipid/Cholesterol lowering - statin	Altoprev, Ezallor Sprinkle, Flolipid, Livalo, Simvastatin Suspension, Zypitamag	atorvastatin, fluvastatin sodium er, lovastatin, pravastatin, rosuvastatin, simvastatin
Migraine - ergotamine	Ergomar, Migranal (Brand and Generic)	almotriptan, eletriptan, ergot-caffeine tablet, naratriptan, rizatriptan tablet/ODT, sumatriptan tablet/nasal/injection/statdose/refill, zolmitriptan tablet/ODT
Migraine - triptans/combo	Onzetra, Treximet 10-60mg Tablet, Zembrace, Zomig Spray	almotriptan, eletriptan, naratriptan, rizatriptan tablet/ODT, sumatriptan tablet/nasal/injection/statdose/refill, zolmitriptan tablet/ODT
Multiple Sclerosis	Ocrevus	See Medical Benefit
Narcotic antagonists	Evzio, naloxone injection 2mg	naloxone injection 1mg/ml, 0.4mg/ml, Narcan
Non-Steroidal Anti-Inflammatories	Cambia, Duexis, Fenoprofen 200mg Capsule (Brand and Generic), fenoprofen 400mg capsule, Fenortho, Indocin, indomethacin 20mg capsule, ketoprofen 25mg capsule, Nalfon (Brand and Generic), Naprelan (Brand and Generic), Relafen DS, Tivorbex, Vimovo (Brand and Generic), Vivlodex, Zipsor, Zorvolex	diclofenac tablet, etodolac, fenoprofen tablet, ibuprofen tab/susp, indomethacin capsule, meloxicam tab/susp, misoprostol, nabumetone, naproxen tab/susp, piroxicam
Non-Steroidal Anti-Inflammatories - nasal/topical	diclofenac solution 1.5%, Flector (Brand and Generic), Ketorolac Sol Tromethamine, kofensaid II, Licart, Pennsaid, Qmiiz ODT, Sprix	diclofenac 1% gel
Ovulatory Stimulants	Follistim AQ	Gonal-F
Pain management - butalbital combos	Allzital, Butalbital-Aspirin-Caffeine Tablet, vanatol Iq, vanatol s, vyol Iq	butalbital-acetaminophen tablet, butalbital-acetaminophen-caffeine capsule/tablet, butalbital-aspirin-caffeine capsule
Pain management - narcotic analgesics	Arymo ER, Embeda, Nucingla ER, Kadian 200mg, Morphabond ER, Nucynta ER, Xtampza ER, Zohydro ER (Brand and Generic)	hydromorphone er, morphine sulfate er, oxymorphone er
Pain management - opioid combos	Lortab Elixir, nalocet, oxycodone-acetaminophen 2.5-300mg tablet, Primlev, Prolate	hydrocodone-acetaminophen tablet/solution, oxycodone-acetaminophen tablet
Pain management - transmucosal fentanyl	Abstral, Lazanda, Subsys	fentanyl citrate
Proton Pump Inhibitors	Aciphex (Brand and Generic), Aciphex Sprinkle, Esomeprazole Strontium, Nexium (Brand and Generic), Prevacid (Brand and Generic), Prilosec Packet, Protonix Packet, Rabeprazole DR Sprinkle, Zegerid (Brand and Generic)	omeprazole, pantoprazole
Respiratory - anti-inflammatory	Alvesco, Armonair, Asmanex HFA, Asmanex Twisthaler, Dulera, Pulmicort Flexhaler	Arnuity Ellipta, budesonide-formoterol fumarate dihydrate, Flovent HFA/Diskus, fluticasone-salmeterol, Qvar Redihaler
Skeletal muscle relaxants	Amrix (Brand and Generic), Chlorzoxazone 250mg Tablet, Ozobax	chlorzoxazone 500mg, cyclobenzaprine, orphenadrine
Steroids - intranasal	Beconase AQ, Omnaris, Qnasl, Qnasl Child, Xhance, Zetonna	fluticasone nasal
Steroids - oral	Emlaza, Rayos	hydrocortisone, methylprednisolone, prednisone solution/tablet, prednisolone
Steroids - topical low potency	Verdeso	hydrocortisone 2.5% (cream, lotion, ointment), alclometasone (cream, ointment)
Steroids - topical high potency	Sernivo	betamethasone dp aug cream, fluocinonide (cream, ointment, solution), triamcinolone (cream, ointment)
Testosterone	Aveed, Methitest, methyltestosterone capsule, Xyosted	testosterone enanthate injection, testosterone cypionate injection
Testosterone - topical	Natesto	testosterone gel, gel pump, topical solution
Vitamins	Nascobal	cyanocobalamin injection

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Drug class	Medications not on the National Drug List	Preferred alternatives
<b>1</b> Please note: Preferred alternatives are on multiple tiers, depending on benefit plan. Tiers represent levels of coverage. Member cost share amounts generally increase at higher tier levels.		
2Oceanside		
3Greenstone, Sandoz		
4Basiem		
5Sarras Health		
6Except Actavis		

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Abilify^	Cequa	Fenofibrate 160mg Tablet (by Basiem)	Lopressor^	Prilosec Packet	Tribenzor^
Abstral	Chlorzoxazone 250mg	Fenofibric 105mg Tablet (by Sarras Health)	Lortab Elixir	Primlev	Tridesilon^
Acanya^	Cialis^	Fenoprofen 200mg Capsule (Brand and Generic)	Lotrel^	Prinivil^	Triglide
Accupril^	Cimzia	fenoprofen 400mg capsule	Lovaza^	Pristiq^	Trijardy XR
Aciphex (Brand and Generic)	Clindagel Gel 1%^	Fenortho	Lovenox^	Prolate	Trileptal^
Aciphex Sprinkle	clindamycin gel 1% (by Oceanside)	Fiasp	Lunesta^	Prometrium^	Trulance
Actemra	Clobex^	Finacea^	Luxiq^	Protonix^	Tylenol/Codeine^
Acticlate^	Clozaril^	Fioricet^	Lyrica^	Protopic^	Uloric^
Actiq^	Colзал^	Fioricet/Codeine^	Lyumjev	Provigil^	Ultracet^
Actos^	Colcrys^	Fiorinal^	Mavyret	Prozac^	Uroxatral^
Aczone^	Concerta^	Fiorinal/Codeine^	Maxalt^	Prudoxin^	Vagifem^
Adapalene Solution	Consensi	Flector (Brand and Generic)	Methitest	Pulmicort^	Valium^
Adcirca^	Cordran^	Flolipid	methyltestosterone capsule	Pulmicort Flexhaler	Valtrex^
Adderall^	Coreg^	Focalin XR^	Metrogel^	Qmiiz ODT	vanatol lq
Adderall XR^	Coreg CR^	Follistim AQ	Metroloction^	Qnasl	vanatol s
Adlyxin	Corgard^	Forfivo XL^	Micardis^	Qnasl Child	Vanos^
Admelog	Cosopt^	Fortamet (Brand and Generic)	Micardis HCT^	Qtern	Vasotec^
Advair Diskus^	Cosopt PF^	Fortesta^	Migranal (Brand and Generic)	Rabeprazole DR Sprinkle	Vectical^
Afrezza	Cozaar^	Frova^	Minivelle^	Radicava (See Medical Benefit)	Veltin
Airduo^	Crestor^	Gabitril^	Minocin^	Rapaflo^	Verdeso
Allzital	Cuprimine^	Genotropin	minocycline hcl capsule er	Rayos	Vfend^
Alocril	Cutivate^	Geodon^	Minolira	Relafen DS	Viagra^
Alomide	Cymbalta^	Gleevec^	Mitigare (Brand and Generic)	Relpax^	Vibramycin^
Altace^	D.H.E 45^	Glucophage^	Morphabond ER	Renagel^	Vibramycin Symp
Altoprev	Depacon^	Glumetza (Brand and Generic)	Motegrity	Renflexis	Vimovo (Brand and Generic)
Altreno	Depakene^	Glyxambi	MS Contin^	Retin-A^	Vivelle-Dot^
Alvesco	Depakote^	Harvoni	Mysoline^	Revatio^	Vivlodex
Ambien^	Depakote ER^	Hysingla ER	Nalfon (Brand and Generic)	Risperdal^	Vogelxo^

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### Medications not on the National Drug List (in alphabetical order)

Ambien CR <sup>^</sup>	Depakote Sprinkles <sup>^</sup>	Hyzaar <sup>^</sup>	nalocet	Rozerem <sup>^</sup>	Voltaren Gel <sup>^</sup>
Amerge <sup>^</sup>	Descovy	Ilumya	naloxone inj 2mg	Rybelsus	vtol lq
Amrix (Brand and Generic)	Desonate <sup>^</sup>	Imitrex <sup>^</sup>	Namenda XR <sup>^</sup>	Sabril <sup>^</sup>	Vytorin <sup>^</sup>
Anafranil <sup>^</sup>	Desoxy (Brand and Generic)	Inderal LA <sup>^</sup>	Naprelan (Brand and Generic)	Saizen	Welchol <sup>^</sup>
Androgel <sup>^</sup>	Detrol <sup>^</sup>	Indocin	Nascobal	Sarafem <sup>^</sup>	Wellbutrin SR <sup>^</sup>
Antara	Detrol LA <sup>^</sup>	indomethacin 20mg capsule	Nasonex <sup>^</sup>	Segluromet	Wellbutrin XL <sup>^</sup>
Apidra	dexchlorpheniramine syp	Inflectra	Natesto	Sernivo	Xalatan <sup>^</sup>
Arimidex <sup>^</sup>	Dexedrine <sup>^</sup>	Insulin Aspart	Nesina <sup>^</sup>	Seroquel <sup>^</sup>	Xanax <sup>^</sup>
Armonair	Diclegis <sup>^</sup>	Insulin Aspart Protamine/Aspart	Neurontin <sup>^</sup>	Seroquel XR <sup>^</sup>	Xanax XR <sup>^</sup>
Arthrotec <sup>^</sup>	diclofenac sol 1.5%	Intuniv <sup>^</sup>	Nexium (Brand and Generic)	Seysara	Xhance
Arymo ER	Differin Cream/Gel <sup>^</sup>	Invega <sup>^</sup>	Norco <sup>^</sup>	Siliq	Ximino
Asacol HD <sup>^</sup>	Differin Lotion	Invokamet	Norditropin	Simvastatin Suspension	Xopenex <sup>^</sup>
Asmanex Twisthaler	Diovan <sup>^</sup>	Invokamet XR	Norvasc <sup>^</sup>	Singular <sup>^</sup>	Xtampza ER
Asmanex HFA	Diovan HCT <sup>^</sup>	Invokana	Novolin	Sitavig	Xyosted
Atacand <sup>^</sup>	Doryx <sup>^</sup>	Istalol <sup>^</sup>	Novolog	Sofosbuvir/Velpatasvir	Zarontin <sup>^</sup>
Atacand HCT <sup>^</sup>	Doryx MPC	Jentaduetto	Nucynta ER	Solodyn <sup>^</sup>	Zavesca <sup>^</sup>
Ativan <sup>^</sup>	Doxycycline Hyclate DR	Jentaduetto XR	Nutridox Kit	Sprix	Zegerid (Brand and Generic)
Atralin <sup>^</sup>	Drizalma Sprinkle	Kadian <sup>^</sup>	Nuvigil <sup>^</sup>	Staxyn <sup>^</sup>	Zelnorm
Auvi-Q	Duexis	Kazano <sup>^</sup>	Ocrevus (See Medical Benefit)	Steglatro	Zembrace
Avalide <sup>^</sup>	Dulera	Keppra <sup>^</sup>	Olumiant	Steglujan	Zenevix
Avapro <sup>^</sup>	Dyrenium <sup>^</sup>	Keppra XR <sup>^</sup>	Olux <sup>^</sup>	Stendra	Zepatier
Aveed	E.E.S. Granules <sup>^</sup>	ketoprofen 25mg capsule	Olux-E <sup>^</sup>	Strattera <sup>^</sup>	Zerviate
Avodart <sup>^</sup>	Effexor XR <sup>^</sup>	Ketorolac Sol Tromethamine	Omnaris	Subsys	Zestril <sup>^</sup>
Avsola	Effient <sup>^</sup>	Kevzara	Omnipred <sup>^</sup>	Synalar <sup>^</sup>	Zetia <sup>^</sup>
Axert <sup>^</sup>	Elidel <sup>^</sup>	Kineret	Omnitrope	Synera	Zetonna
Azor <sup>^</sup>	Elocon <sup>^</sup>	Kitabis Pak <sup>^</sup>	Onfi <sup>^</sup>	Syprine <sup>^</sup>	Ziana <sup>^</sup>
Baraclude Tablet <sup>^</sup>	Embeda	klofensaid II	Onglyza	Tanzeum	Zipsor
Basaglar	Emend <sup>^</sup>	Kombiglyze XR	Onzetra	Taradox <sup>^</sup>	Zocor <sup>^</sup>
Beconase AQ	Emflaza	Lacrisert	Oracea (Brand and Generic)	Targretin <sup>^</sup>	Zohydro ER (Brand and Generic)
Benicar <sup>^</sup>	Enablex <sup>^</sup>	Lamictal <sup>^</sup>	Orencia	Tazorac <sup>^</sup>	Zolofl <sup>^</sup>
Benicar HCT <sup>^</sup>	Epiduo <sup>^</sup>	Lamictal ODT Kit	Oseni <sup>^</sup>	Tegretol <sup>^</sup>	Zomacton

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Benzaclin <sup>^</sup>	Epiduo Forte	Lamictal XR Kit	Otezla	Tegretol XR <sup>^</sup>	Zomig <sup>^</sup>
Bepreve	Epipen <sup>^</sup>	Lamictal XR <sup>^</sup>	oxycodone/ acetaminophen 2.5-300mg tablet	Tekturna <sup>^</sup>	Zomig Spr
Betapace <sup>^</sup>	Epipen Jr <sup>^</sup>	Lanoxin <sup>^</sup>	Ozobax	Temovate <sup>^</sup>	Zonalon <sup>^</sup>
Betapace AF <sup>^</sup>	Ergomar	Lastacaft	Pataday (Brand and Generic)	Tenormin <sup>^</sup>	Zonegran <sup>^</sup>
Brisdelle <sup>^</sup>	Eryped <sup>^</sup>	Lazanda	Patanol (Brand and Generic)	Testim <sup>^</sup>	Zorvolex
Butalbital/Aspirin/ Caffeine Tablet	Esgic <sup>^</sup>	Ledipasvir/ Sofosbuvir	Paxil <sup>^</sup>	Tikosyn <sup>^</sup>	Zovirax Cream <sup>^</sup>
Butalbital/ Acetaminophen Capsule <sup>^</sup>	Esomeprazole Strontium	Lescol XL <sup>^</sup>	Paxil CR <sup>^</sup>	Tivorbex	Ztlido
Bydureon	Estrace <sup>^</sup>	Levitra <sup>^</sup>	Pazeo	Tobi <sup>^</sup>	Zyflo
Byetta	Estrace Vaginal Cream <sup>^</sup>	Lexapro <sup>^</sup>	Pennsaid	Topamax <sup>^</sup>	Zyflo CR (Brand and Generic)
Cafergot <sup>^</sup>	Evekeo <sup>^</sup>	Lialda <sup>^</sup>	Percocet <sup>^</sup>	Topamax Sprinkle <sup>^</sup>	Zypitomag
Cambia	Evzio	Licart	Plaquenil <sup>^</sup>	Topicort <sup>^</sup>	Zyprexa <sup>^</sup>
Carbatrol <sup>^</sup>	Exforge <sup>^</sup>	Lidocaine-Tetracaine	Plavix <sup>^</sup>	Toprol XL <sup>^</sup>	<sup>^</sup> Multisource brand exclusions - The generic equivalent of this brand name medication is the alternative.
Carbinoxamine 6mg	Exforge HCT <sup>^</sup>	Lidoderm <sup>^</sup>	Pliaglis	Tradjenta	
Cardizem CD <sup>^</sup>	Ezallor Sprinkle	Lipitor <sup>^</sup>	Plixda	Transderm Scop <sup>^</sup>	
Cardizem LA <sup>^</sup>	Fabior	Lithobid <sup>^</sup>	Pravachol <sup>^</sup>	Tranxene T <sup>^</sup>	
Celebrex <sup>^</sup>	Fazaclo <sup>^</sup>	Livalo	Pred Forte <sup>^</sup>	Tresiba	
Celexa <sup>^</sup>	Felbatol <sup>^</sup>	Locoid <sup>^</sup>	Prevacid (Brand and Generic)	Treximet <sup>^</sup>	

To view and search the complete National Drug List, members should log in at [anthem.com](http://anthem.com) and choose Prescription Benefits. Information on dosage/strength options and any restrictions such as quantity limits, prior authorization or step therapy requirements is available.

Members can also call Pharmacy Member Services at the number on their member ID card or visit [anthem.com](http://anthem.com).

### What if a medication isn't on the National Drug List?

There may be times when a member's drug isn't on the National Drug List. If the covered alternative options are not right for the member, doctors can submit a request for an exception. This process, called prior authorization, requires doctors to call the Member Services number on the member's ID card or log in at [anthem.com](http://anthem.com) and choose Tools & Resources to download and submit the prior authorization form. Doctors can also submit prior authorizations electronically, which requires less processing time and possible real-time approval so members can fill their prescriptions without delay.

<sup>^</sup>Multisource brand exclusions - The generic equivalent of this brand name medication is the alternative.

## Get help in your language

Curious to know what all this says? We would be too. Here's the English version:

You have the right to get this information and help in your language for free. Call the Member Services number on your ID card for help. (TTY/TDD: 711)

Separate from our language assistance program, we make documents available in alternate formats for members with visual impairments. If you need a copy of this document in an alternate format, please call the customer service telephone number on the back of your ID card.

### Spanish

Tiene el derecho de obtener esta información y ayuda en su idioma en forma gratuita. Llame al número de Servicios para Miembros que figura en su tarjeta de identificación para obtener ayuda. (TTY/TDD: 711)

### Chinese

您有權使用您的語言免費獲得該資訊和協助。請撥打您的 ID 卡上的成員服務號碼尋求協助。(TTY/TDD: 711)

### Vietnamese

Quý vị có quyền nhận miễn phí thông tin này và sự trợ giúp bằng ngôn ngữ của quý vị. Hãy gọi cho số Dịch Vụ Thành Viên trên thẻ ID của quý vị để được giúp đỡ. (TTY/TDD: 711)

### Korean

귀하에게는 무료로 이 정보를 얻고 귀하의 언어로 도움을 받을 권리가 있습니다. 도움을 얻으려면 귀하의 ID 카드에 있는 회원 서비스 번호로 전화하십시오. (TTY/TDD: 711)

### Tagalog

May karapatan kayong makuha ang impormasyon at tulong na ito sa ginagamit ninyong wika nang walang bayad. Tumawag sa numero ng Member Services na nasa inyong ID card para sa tulong. (TTY/TDD: 711)

### Russian

Вы имеете право получить данную информацию и помощь на вашем языке бесплатно. Для получения помощи звоните в отдел обслуживания участников по номеру, указанному на вашей идентификационной карте. (TTY/TDD: 711)

### Arabic

يحق لك الحصول على هذه المعلومات والمساعدة بلغتك مجاناً. اتصل برقم خدمات الأعضاء الموجود على بطاقة التعريف الخاصة بك للمساعدة. (TTY/TDD: 711)

### Armenian

Ձեր իրավունք ունեք Ձեր լեզվով անվճար ստանալ այս տեղեկատվությունը և ցանկացած օգնություն: Օգնություն ստանալու համար զանգահարեք Անդամների սպասարկման կենտրոն՝ Ձեր ID քարտի վրա նշված համարով: (TTY/TDD: 711)

### Farsi

شما این حق را دارید که این اطلاعات و کمکها را به صورت رایگان به زبان خودتان دریافت کنید. برای دریافت کمک به شماره مرکز خدمات اعضاء که بر روی کارت شناساییتان درج شده است، تماس بگیرید. (TTY/TDD: 711)

### French

Vous avez le droit d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour cela, veuillez appeler le numéro des Services destinés aux membres qui figure sur votre carte d'identification. (TTY/TDD: 711)

#### Japanese

この情報と支援を希望する言語で無料で受けることができます。支援を受けるには、IDカードに記載されているメンバーサービス番号に電話してください。(TTY/TDD: 711)

#### Haitian

Ou gen dwa pou resevwa enfòmasyon sa a ak asistans nan lang ou pou gratis. Rele nimewo Manm Sèvis la ki sou kat idantifikasyon ou a pou jwenn èd. (TTY/TDD: 711)

#### Italian

Ha il diritto di ricevere queste informazioni ed eventuale assistenza nella sua lingua senza alcun costo aggiuntivo. Per assistenza, chiami il numero dedicato ai Servizi per i membri riportato sul suo libretto. (TTY/TDD: 711)

#### Polish

Masz prawo do bezpłatnego otrzymania niniejszych informacji oraz uzyskania pomocy w swoim języku. W tym celu skontaktuj się z Działem Obsługi Klienta pod numerem telefonu podanym na karcie identyfikacyjnej. (TTY/TDD: 711)

#### Punjabi

ਤੁਹਾਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਇਹ ਜਾਣਕਾਰੀ ਅਤੇ ਮਦਦ ਮੁਫਤ ਵਿੱਚ ਪ੍ਰਾਪਤ ਕਰਨ ਦਾ ਅਧਿਕਾਰ ਹੈ। ਮਦਦ ਲਈ ਆਪਣੇ ਆਈਡੀ ਕਾਰਡ ਉੱਤੇ ਮੈਂਬਰ ਸੇਵਾ ਸੰਖਿਆ ਨੰਬਰ ਤੇ ਕਾਲ ਕਰੋ। (TTY/TDD: 711)

#### Navajo

Bee ná ahoót'í t'áá ni nizaad k'ehjí níká a'doowół t'áá jík'e. Naaltsoos bee atah nilínígíí bee né'cho'dólzingo nanitínígíí béésh bee hane'í bikáá' áájí' hodiílnih. Naaltsoos bee atah nilínígíí bee né'cho'dólzingo nanitínígíí béésh bee hane'í bikáá' áájí' hodiílnih. (TTY/TDD: 711)

#### It's important we treat you fairly

That's why we follow federal civil rights laws in our health programs and activities. We don't discriminate, exclude people, or treat them differently on the basis of race, color, national origin, sex, age or disability. For people with disabilities, we offer free aids and services. For people whose primary language isn't English, we offer free language assistance services through interpreters and other written languages. Interested in these services? Call the Member Services number on your ID card for help (TTY/TDD: 711). If you think we failed to offer these services or discriminated based on race, color, national origin, age, disability, or sex, you can file a complaint, also known as a grievance. You can file a complaint with our Compliance Coordinator in writing to Compliance Coordinator, P.O. Box 27401, Mail Drop VA2002-N160, Richmond, VA 23279. Or you can file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201 or by calling 1-800-368-1019 (TDD: 1-800-537-7697) or online at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>. Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.