

# National Drug List

## Medication alternatives

The National Drug List is a list of prescription medications approved by the U.S. Food and Drug Administration (FDA). We've reviewed these drugs through our Pharmacy and Therapeutics (P&T) Process, which considers a drug's:

- Effectiveness
- Safety
- Similarity to other drugs within a therapeutic class
- Affordability

The National Drug List is an open drug list or formulary, with some closed drug classes. The list includes a broad range of drug choices – including 98% of all prescription medications.\* If a medication is not on the list, there are other high-quality, cost-effective choices, called preferred alternatives, that are.

Medications not included on the National Drug List are shown on the chart included here, along with their preferred alternatives that are on the list. Please note, exclusions and limitations may apply. For details about what's covered and what's not, it's best to check the *Certificate/Evidence of Coverage or Summary Plan Description*.

To view and search the complete National Drug List, members should log in at [anthem.com](http://anthem.com) and choose **Prescription Benefits**. Information on dosage/strength options and any restrictions such as quantity limits, prior authorization or step therapy requirements is available. Members can also call Member Services at the number on their member ID card or visit [anthem.com/pharmacyinformation](http://anthem.com/pharmacyinformation).

### What if a medication isn't on the National Drug List?

There may be times when a member's drug isn't on the National Drug List. If the covered alternative options are not right for the member, doctors can submit a request for an exception. This process, called prior authorization, requires doctors to call the Member Services number on the member's ID card or go to [anthem.com/pharmacyinformation](http://anthem.com/pharmacyinformation) to download and submit the prior authorization form. Doctors can also submit prior authorizations electronically, which requires less processing time and possible real-time approval so members can fill their prescriptions without delay.

For the most up-to-date information, members should log in at [anthem.com](http://anthem.com) and choose Prescription Benefits.

| Drug class                          | Medications not on the National Drug List   | Preferred alternatives <sup>1</sup>  |
|-------------------------------------|---|--|
| Allergic Reaction Treatment         | AdrenaClick, Auvi-Q, EpiPen, EpiPen JR  | Epinephrine auto-injector (Authorized generic EpiPen from Mylan)   |
| Antiviral - oral                    | Sitavig   | acyclovir (oral solution, capsule, tablet), valacyclovir tablet  |
| Antiviral - topical                 | Zovirax cream   | acyclovir (ointment, oral solution, capsule, tablet), valacyclovir tablet  |
| Constipation                        | Trulance  | Amitiza, Linzess, Movantik   |
| Dermatologic - acne topical         | Clindagel   | clindamycin phosphate (gel, lotion, solution)  |
| Dermatologic - oral anti-infectives | Acticlate, Adoxa, Doryx, Doryx MPC, Doxycycline IR-DR 40mg Capsule, Minocin, Monodox, Vibramycin 50mg/5ml Syrup, Solodyn, Ximino ER | doxycycline hyclate, doxycycline monohydrate (immediate release), doxycycline 25mg/5ml suspension, minocycline, Oracea |
| Diabetes - Biguanides               | Glumetza (brand and generic)  | metformin ER (generic Glucophage XR)   |
| Diabetes - DPP4s                    | Alogliptin, Alogliptin/metformin, Kazano, Kombiglyze XR, Nesina, Onglyza  | Januvia, Janumet/XR, Tradjenta, Jentadueto   |
| Diabetes - GLP1s                    | Adlyxin, Tanzeum  | Byetta, Bydureon/Pen, Ozempic, Trulicity, Victoza  |
| Diabetes - long-acting insulin      | Basaglar, Tresiba   | Lantus, Levemir, Toujeo  |

Chart continued on back

Continued from front

| Drug class   | Medications not on the National Drug List   | Preferred alternatives <sup>1</sup>  |
|--|---|--|
| Diabetes – rapid-acting insulin                              | Admelog, Apidra, Fiasp, Novolin, Novolog  | Humulin, Humalog   |
| Diabetes – SGLT2/combos                                      | Farxiga, Glyxambi, Invokana, Invokamet/XR, Qtern, Segluromet, Steglatro, Steglujan, Xigduo XR   | Jardiance, Synjardy/XR   |
| Diabetic Test Strips and Glucometers                         | All except Accu-Chek and One Touch Products   | Accu-Chek and One Touch Products   |
| Dry Eye  | Lacrisert   | Xiidra   |
| Erectile dysfunction   | Levitra, Staxyn, Stendra  | Cialis, sildenafil citrate (generic Viagra)  |
| Growth hormone   | Genotropin, Norditropin, Omnitrope, Saizen, Zomacton  | Humatrope, Nutropin/AQ   |
| Immunologicals   | Actemra, Cimzia, Inflectra, Kevzara, Orencia, Tremfya, Renflexis  | Enbrel, Humira, Remicade, Simponi/Aria, Stelara  |
| Lipid/Cholesterol lowering – fibric acid                     | Antara, fenofibrate capsule (50mg, 150mg), Triglide   | fenofibrate tablet, fenofibric acid, gemfibrozil   |
| Lipid/Cholesterol lowering – Fish Oils (Omega-3 Fatty Acids) | Lovaza (brand and generic), Vascepa   | fenofibrate, fenofibric acid, gemfibrozil  |
| Lipid/Cholesterol lowering - statin                          | Lipitor   | atorvastatin, rosuvastatin, simvastatin  |
| Multiple sclerosis   | Extavia, Rebif  | Avonex/Pen, Betaseron, Plegridy  |
| Narcotic antagonists   | Evzio auto-injector   | naloxone injection, Narcan   |
| Non-Steroidal Anti-Inflammatories                            | diclofenac sodium 1.5% topical solution, Duexis, Fenoprofen capsules, Fenortho, Flector, Indocin Suppository & Suspension, klofensaïd, Nalfon, Naprelan CR 750mg, Pennsaid 2% Pump, Sprix, Tivorbex, Vimovo, Vivlodex, Zipsor, Zorvolex | diclofenac 1% gel, diclofenac tablet, fenoprofen tablet, ibuprofen tablet & suspension, indomethacin capsule, meloxicam tablet & suspension, misoprostol, naproxen tablet & suspension |
| Ophthalmologic - Antihistamine                               | Bepreve, Pataday, Patanol, Pazeo  | azelastine, epinastine   |
| Ovulatory Stimulants   | Follistim AQ  | Gonal-F  |
| Pain management – transmucosal fentanyl                      | Abstral, Lazanda, Subsyt  | fentanyl citrate, Fentora  |
| Pain management – narcotic analgesics                        | Arymo ER, Embeda, Hysingla ER, Kadian, Morphabond ER, Nucynta ER, Opana ER, Oxycodone ER, Xartemis XR, Xtampza ER, Zohydro ER   | hydromorphone er, morphine sulfate er, oxymorphone er  |
| Proton Pump Inhibitors                                       | Aciphex (brand and generic), Dexilant, Esomeprazole Strontium, Nexium (brand and generic), Prevacid/ODT (brand and generic), Prilosec, Protonix, Zegerid (brand and generic)  | omeprazole, pantoprazole   |
| Respiratory – anti-inflammatory                              | Aerospan, Alvesco, Armonair Respiclick, Asmanex HFA/Twisthaler, Pulmicort Flexhaler   | Arnuity Ellipta, Flovent HFA/Diskus, Qvar Redihaler  |
| Skeletal muscle relaxants                                    | Amrix ER  | cyclobenzaprine  |
| Steroids - intranasal  | Nasonex, Qnasl  | mometasone   |
| Steroids - oral  | Rayos   | hydrocortisone, methylprednisolone, prednisone, prednisolone   |
| Steroids - topical low potency                               | Desonate gel, Tridesilon cream, Verdeso foam  | hydrocortisone 2.5% (cream, lotion, ointment), alclometasone (cream, ointment)   |
| Steroids - topical medium potency                            | Locoid lotion   | mometasone (cream, ointment, solution), triamcinolone (cream, ointment, solution)  |
| Steroids - topical high potency                              | Sernivo   | betamethasone dp aug cream, fluocinonide (cream, gel, ointment, solution), triamcinolone (cream, ointment)   |
| Testosterone – topical                                       | Axiron, Fortesta, Natesto, Testim, Testosterone Gel 1% (brand versions <sup>2</sup> ), Vogelxo  | testosterone gel 1% (generic versions <sup>3</sup> ), testosterone gel 30mg/1.5ml, AndroGel 1.62%  |

\*Internal data, 2018

<sup>1</sup>Please note: Preferred alternatives are on multiple tiers, depending on benefit plan. Tiers represent levels of coverage. Member cost share amounts generally increase at higher tier levels.

<sup>2</sup>Qualitest, Upsher Smith

<sup>3</sup>Actavis, PAR, Perrigo and Prasco