Preventive care can help keep you healthy and may even save your life. Getting routine health exams and screenings can help catch problems early, when they're easier to treat. And getting the right preventive care services can help you manage your health conditions and stay healthy.

Under the Affordable Care Act (ACA), pharmacy benefit plans must cover certain categories of preventive care drugs and products at 100%. That means you don't have to pay a share of the cost — no copay, deductible or percentage of the cost (coinsurance).

**How do I get these drugs at no cost?**
Talk with your doctor about choosing the medication or product that's right for you. To get these preventive drugs, including over-the-counter (OTC) drugs or products:

- They must be right for your age and condition.
- You'll need to get a prescription from your doctor (even for OTC products).
- Remember, only you and your doctor can decide on the medications you need and what's best for your health.

If you have questions, call us at the Pharmacy Member Services number on your member ID card.

**Preventive drugs and products, by category**
Here’s a list of medications Anthem plans will cover with no cost-share for you under the ACA. Keep in mind that this list can change. Brand-name drugs are listed with a first capital letter. Non-brand drugs (generics) are in lowercase letters.

### ASPIRIN
- adult low dose aspirin oral
- aspir-81 oral
- aspirin childrens oral
- aspirin low dose oral
- aspirin oral
- aspirin-low oral
- aspirin-trin oral
- bayer aspirin oral
- bufferin oral
- children's aspirin oral
  - e.c. prin oral
  - ecotrin low strength oral
  - ecotrin oral
- enteric coated aspirin oral
- lite coat aspirin oral
- lo-dose aspirin oral
- tri-buffereared aspirin oral

### BOWEL PREP
*Drugs in this category are limited to two (2) bowel prep screenings per year.*
- alophen oral
- bisacodyl oral
- bis-acodyl oral
- citrate of magnesia oral
- citroma oral
- clearlax oral
- ducodol oral
- fleet laxative oral
- gavilax oral
- gavilax-c oral
- gavilax-g oral
- gavilax-n oral
- gentle laxative oral
- gentielax oral
- glycolax oral
- healthylax oral
- laxaclear oral
- laxative (bisacodyl) oral
- laxative feminine oral
- laxative peg 3350 oral magnesium citrate oral
- milk of magnesia concentrated oral
- milk of magnesia oral
- miralax oral
- natura-lax oral
- oral saline laxative oral
- peg 3350-electrolytes oral
- peg3350 oral
- peg-electrolyte soln oral
- peg-prep oral
- phosphate laxative oral
- polyethylene glycol 3350 oral
- powderlax oral
- purelax oral
- smoothlax oral
- trilyte with flavor packets oral
- woman's laxative oral
- women's gentle laxative(bisac) oral
- women's laxative (bisacodyl) oral

### BREAST CANCER
You may be required to get preapproval for the services associated with the drugs in this category.
- raloxifene oral
- Soltamox oral
- tamoxifen oral

### CARDIOVASCULAR
Full coverage for statins will be limited to members with cardiovascular risk factors but who have not experienced a cardiovascular disease event.
- atorvastatin oral
- fiuvastatin oral
- lovastatin oral
- pravastatin oral
- rosvastatin oral
- simvastatin oral

### CONTRACEPTION
This benefit also applies to those younger than age 19.
A cost share may apply for other prescription contraceptives, based on your drug benefits.
Your cost share may be waived if your doctor decides that using the multisource brand is medically necessary.
- afirmelle oral
- aftera oral
- altavera (28) oral
- alyacen 1/35 (28) oral
- alyacen 7/7/7 (28) oral
- amethia lo oral
- amethia oral
- apri oral
- aranelle (28) oral
- ashlyna oral
- aubra oral
- aubra eq oral
- aurovella oral
- aurovella 24 fe oral
- aurovella fe oral
- aviane oral
- ayuna oral
- azurette (28) oral
- Balcoitra Oral
- balziva (28) oral
- bekyree (28) oral
- blisovi 24 fe oral
- blisovi fe 1.5/30 (28) oral
- blisovi fe 1/20 (28) oral
- brieln oral
- camila oral
- camrese lo oral
- camrese oral
- Caya Contoured Vaginal
- caziant (28) oral
- chateal oral
- chateal eq oral
- Conceptrol Vaginal
- cryselle (28) oral
- cyclofen 1/35 (28) oral
ACA Preventive Care Drug List

- cycloafem 7/7/7 (28) oral
- cyred oral
- cyred eq oral
- dasetta 1/35 (28) oral
- dasetta 7/7/7 (28) oral
- daysee oral
- debiliane oral
- delyla (28) oral
- desog-e.estriol/d.e.estriol oral
- desogestrel-ethyl
- estriol oral
- dospirenone-
- e.estriol-lm.f.a oral
drospirenone-ethyl
- estriol oral
- econtra ez oral
econtra one-step oral
- elinest oral
- Eila Oral
- eluring ring
- emoquette oral
- enpresse oral
- enskyce oral
- errin oral
- estarylia oral
eotonogestrel/ethyl
- estr oral
eythiodial diac-eth
- estradiol oral
- fallback solo oral
- falmina (28) oral
- fayosim oral
- Fc2 Female Condom
- Femcap Vaginal
- femynor oral
- ganvi (28) oral
gildagia oral
gildess oral
gildess 24 fe oral
gildess fe oral
gynol ii vaginal
- hailey 24 fe oral
- heather oral
- incassia oral
- intervale oral
- isibloom oral
- jasmine oral
- jencycla oral
- jolessa oral
- jolivette oral
- juleber oral
- junel 1.5/30 (21) oral
- junel 1/20 (21) oral
- junel fe 1.5/30 (28) oral
- junel fe 1/20 (28) oral
- junel fe 24 oral
- kaitilb fe oral
- kalliga oral
- kariva (28) oral
- kelnor 1/35 (28) oral
- kimidess (28) oral
- kurbelo oral
- lnorgest/e.estriol-
- eli complex oral
- microgestin 1.5/30 (21) oral
- microgestin 1/20 (21) oral
- microgestin fe 1.5/30 (28) oral
- microgestin fe 1/20 (28) oral
- mini oral
- monolynagh oral
- mononesa (28) oral
- my choice oral
- my way oral
- myzilra oral
- Natania Oral
- necon 0.5/35 (28) oral
- necon 1/50 (28) oral
- necon 7/7/7 (28) oral
- next day oral
- next choice one dose
- oral
- nikki (28) oral
- nora-be oral
- noreth-ethyl estradiol-
- iron oral
- norethindrone
- (contraceptive) oral
- norethindrone ac-eth
- estradiol oral
- norethindrone-
- e.estriol-iron oral
- norgestimate-ethyl
- estradiol oral
- norgestrel-ethyl
- estradiol oral
- norlyda oral
- norlyroc oral
- nortrel 0.5/35 (28) oral
- nortrel 1/35 (21) oral
- nortrel 1/35 (28) oral
- nortrel 7/7/7 (28) oral
- ocella oral
- ogestrel (28) oral
- opicon one-step oral
- option-2 oral
- orsytia oral
- philith oral
- pimtre (28) oral
- pirmella oral
- Plan B One-Step Oral
- portia oral
- previfem oral
- quasense oral
- rajani oral
- react oral
- reclipsen (28) oral
- rivelsa oral
- setlakin oral
- sharoibel oral
- similaya oral
- simpresse oral
- sprintec (28) oral
- sronyx oral
- syeda oral
- take action oral
- tarina fe oral
- tarina fe 1/20 (28) oral
- Taytulla Oral
- tilia fe oral
- Today Contraceptive
- Sponge Vaginal
- tri femynor oral
- tri-estrylla oral
- tri-legal fe oral
- tri-linyah oral
- tri-lo-estrylla oral
- tri-lo-marzia oral
- tri-lo-sprintec oral
- tri-mili oral
- tri-nessa (28) oral
- trinessa lo oral
- tri-previfem (28) oral
- tri-sprintec (28) oral
- trivora (28) oral
- tri-vlybra oral
- tri-vlybra lo oral
- tulana oral
- tydemy oral
- vaginal contraceptive
- film vaginal
- vaginal contraceptive
- foam vaginal
- Vcf Contraceptive Film
- Vcf Contraceptive Gel
- velivet triphasic
- regimen (28) oral
- vestura (28) oral
- vienna oral
- viorele (28) oral
- vyfemia (28) oral
- wera (28) oral
- Wide-Seal Diaphragm
- 60 Vaginal
- Wide-Seal Diaphragm
- 65 Vaginal
- Wide-Seal Diaphragm
- 70 Vaginal
- Wide-Seal Diaphragm
- 75 Vaginal
- Wide-Seal Diaphragm
- 80 Vaginal
- Wide-Seal Diaphragm
- 85 Vaginal
- Wide-Seal Diaphragm
- 90 Vaginal
- Wide-Seal Diaphragm
- 95 Vaginal
- wymzya fe oral
- xulane transdermal
- zarah oral
- zenchent (28) oral
- zenchent fe oral
- zovia 1/35e (28) oral
- zovia 1/50e (28) oral
- zumandimine oral

**FLUORIDE**
- fluor-a-day (with xylitol) oral
- fluoride (sodium) oral
- fluoritab oral
- ludent fluoride oral
- multivitamin with fluoride oral
- multi-vitamin with fluoride oral
- drops
- multi-vitamin with fluoride oral
- tablet, chewable
- multivitamins with fluoride oral
- multivit-fluor (vit e acetate) oral
- mvc-fluoride oral
- triple vitamin with fluoride oral
- tri-vitamin with fluoride oral
- vitamins a,c,d and fluoride oral

**FOLIC ACID**
- b complex 1 oral
- b complex 100 oral
<table>
<thead>
<tr>
<th>b complex-vitamin b12 oral</th>
<th>Flucelvax Quad 2019-2020 intramuscular</th>
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<tr>
<td>b complex-vitamin c-folic acid oral</td>
<td>Fluvirin 2018-2019 intramuscular</td>
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<tr>
<td>b-100 complex oral</td>
<td>Fluvirin 2019-2020 intramuscular</td>
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<td>balance b-100 oral</td>
<td>Fluzone High-Dose 2019 (Pf) intramuscular</td>
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<td>balance b-50 oral</td>
<td>Fluzone Intraerderm Quad 2019 intradermal</td>
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<td>Fluzone Quad 2019-2020 intramuscular</td>
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<td>balanced b-100 oral</td>
<td>Gardasil 9 (Pf) intramuscular</td>
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<tr>
<td>balanced b-50 complex oral</td>
<td>Havrix (Pf) intramuscular</td>
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<td>balanced b-50 oral</td>
<td>Heplisav-B intramuscular</td>
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<tr>
<td>b-complex oral</td>
<td>Hiberix (Pf) intramuscular</td>
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<td>b-complex with vitamin c oral</td>
<td>Infanrix (Dtap) (Pf) intramuscular</td>
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<td>M-M-R II (Pf) subcutaneous</td>
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<td>daily prenatal oral</td>
<td>Pedvax Hib (Pf) intramuscular</td>
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<td>dialyvite 800 oral</td>
<td>Pentacel (Pf) intramuscular</td>
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<tr>
<td>folic acid oral</td>
<td>Pentacel Acmbib Component (Pf) intramuscular</td>
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<td>fortabs 800 oral</td>
<td>Pneumovax 23 Injection intramuscular</td>
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<td>full spectrum b-vitamin c oral</td>
<td>Prevnar 13 (Pf) intramuscular</td>
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<td>kobee oral</td>
<td>Proquad (Pf) intramuscular</td>
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<td>kp oral</td>
<td>Subcutaneous Quadracel (Pf) intramuscular</td>
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<td>natural b-100 complex oral</td>
<td>Tenivac (Pf) intramuscular</td>
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<tr>
<td>Nephro-Vite Oral</td>
<td>Tetanus,Diphtheria Tox Ped(Pf) intramuscular</td>
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<td>One A Day Women’S Prenatal Dha Oral</td>
<td>Tetanus-Diphtheria Toxoids-Td intramuscular</td>
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<td>one daily prenatal oral</td>
<td>Trumenba intramuscular</td>
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<td>p d natal vitamins-folic acid oral</td>
<td>Twinrix (Pf) intramuscular</td>
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<tr>
<td>perry prenatal oral</td>
<td>Vaqta (Pf) intramuscular</td>
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<td>pvn cbm#95-ferrous fumarate-fa oral</td>
<td>Varivax (Pf) intramuscular</td>
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<td>prenatal + dha oral</td>
<td>Zostavax (Pf) subcutaneous</td>
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<td>prenatal formula oral</td>
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<td>prenatal vitamin with minerals oral</td>
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<td>prenatal vit iron fum-folic ac oral</td>
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<td>prenatal vits96-iron fum-folic oral</td>
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</table>
The range of preventive care services covered at no cost share when provided in network is designed to meet the requirements of federal and state law. The Department of Health and Human Services has defined the preventive services to be covered under federal law with no cost share as those services described in the U.S. Preventive Services Task Force A and B recommendations, the Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention (CDC) and certain guidelines for infants, children, adolescents and women supported by the Health Resources and Services Administration (HRSA) Guidelines. You may have additional coverage under your insurance policy. To learn more about what your plan covers, see your Certificate of Coverage or call the Member Services number on your ID card.

1 Limited to two (2) bowel prep screenings per year.
2 You may be required to get preapproval for these services.
3 Full coverage for statins will be limited to members with cardiovascular risk factors but who have not experienced a cardiovascular disease event.

This list may change without notice which may affect your benefit coverage. To be sure your medication is covered under the PreventiveRx benefit, call the member services number located on your ID card.

Anthem Blue Cross and Blue Shield is the trade name of Anthem Health Plans of Virginia, Inc. Anthem Blue Cross and Blue Shield, and its affiliate HealthKeepers, Inc., serving all of Virginia except for the City of Fairfax, the Town of Vienna, and the area east of State Route 123, are independent licensees of the Blue Cross Blue Shield Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc.
Get help in your language

Curious to know what all this says? We would be too. Here’s the English version:
You have the right to get this information and help in your language for free. Call the Member Services number on your ID card for help. (TTY/TDD: 711)

Separate from our language assistance program, we make documents available in alternate formats for members with visual impairments. If you need a copy of this document in an alternate format, please call the customer service telephone number on the back of your ID card.

Spanish
Tiene el derecho de obtener esta información y ayuda en su idioma en forma gratuita. Llame al número de Servicios para Miembros que figura en su tarjeta de identificación para obtener ayuda. (TTY/TDD: 711)

Chinese
您有权使用您的语言免费获得该资讯和协助。请拨打您的 ID 卡上的成员服务号码寻求协助。 (TTY/TDD: 711)

Vietnamese
Quy vị có quyền miễn phí thông tin này và sự trợ giúp bằng ngôn ngữ của quý vị. Hãy gọi cho số Dịch Vụ Thành Viên trên thẻ ID của quý vị để được giúp đỡ. (TTY/TDD: 711)

Korean
귀하에게는 무료로 이 정보를 얻고 귀하의 언어로 도움을 받을 권리가 있습니다. 도움을 얻으려면 귀하의 ID 카드에 있는 회원 서비스 번호로 전화하십시오. (TTY/TDD: 711)

Tagalog
May karapatan kayong makuha ang impormasyon at tulong na ito sa ginagamit ninyong wika nang walang bayad. Tumawag sa numero ng Member Services na nasa inyong ID card para sa tulong. (TTY/TDD: 711)

Arabic
يحق لك الحصول على هذه المعلومات والمساعدة بلغتك مجانًا. اتصل برقم خدمات الأعضاء الموجود على بطاقة التعريف الخاصة بك للمساعدة. (TTY/TDD: 711)

Armenian
Դուք իրավունք ունեք Ձեր լեզվով անվճար ստանալ այս տեղեկատվությունը և ցանկացած օգնություն։ Օգնությունը ստանալու համար զանգահարեք Անդամների ծրագրակցության կենտրոնի՝ Ձեր ID քարտի վրա նշված համարով։ (TTY/TDD: 711)

Farsi
شما این حق را دارید که این اطلاعات و کمکها را به سوت راپین به زبان خودتان دریافت کنید. برای دریافت کمک به شماره مرکز خدمات اعضاء که بر روی کارت شناساییتان درج شده است، تماس بکنید. (TTY/TDD: 711)

French
Vous avez le droit d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour cela, veuillez appeler le numéro des Services destinés aux membres qui figure sur votre carte d'identification. (TTY/TDD: 711)
It's important we treat you fairly
That's why we follow federal civil rights laws in our health programs and activities. We don’t discriminate, exclude people, or treat them differently on the basis of race, color, national origin, sex, age or disability. For people with disabilities, we offer free aids and services. For people whose primary language isn’t English, we offer free language assistance services through interpreters and other written languages. Interested in these services? Call the Member Services number on your ID card for help (TTY/TDD: 711). If you think we failed to offer these services or discriminated based on race, color, national origin, age, disability, or sex, you can file a complaint, also known as a grievance. You can file a complaint with our Compliance Coordinator in writing to Compliance Coordinator, P.O. Box 27401, Mail Drop VA2002-N160, Richmond, VA  23279. Or you can file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201 or by calling 1-800-368-1019 (TDD: 1- 800-537-7697) or online at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf. Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.