Preventive care can help keep you healthy and may even save your life. Getting routine health exams and screenings can help catch problems early, when they're easier to treat. And getting the right preventive care services can help you manage your health conditions and stay healthy.

Under the Affordable Care Act (ACA), pharmacy benefits must cover certain categories of preventive care drugs and products at 100%. That means you don't have to pay a share of the cost—no copay, deductible or percentage of the cost (coinsurance).

How do I get these drugs at no cost?
Talk with your doctor about choosing the medication or product that's right for you. To get these preventive drugs, including over-the-counter (OTC) drugs or products:

- They must be right for your age and condition.
- You'll need to get a prescription from your doctor (even for OTC products).
- Remember, only you and your doctor can decide on the medications you need and what's best for your health.

Preventive drugs and products, by category
Here's a list of medications Anthem plans will cover with no cost-share for you under the ACA. Keep in mind that this list can change. Brand-name drugs are listed with a first capital letter. Non-brand drugs (generics) are in lowercase letters.

### ASPIRIN
Coverage includes generic over-the-counter 81mg and 325mg aspirin products to prevent preeclampsia in pregnant women and to prevent cardiovascular disease and colorectal cancer in adults 60-69 years old. Adult low dose aspirin oral aspirin-81 oral aspirin children's oral aspirin low dose oral aspirin oral aspirin-low oral aspirin-trin oral bayer aspirin oral bufferin oral children's aspirin oral e.c. prin oral ecotrin low strength oral ecotrin oral enteric coated aspirin oral lite coat aspirin oral lo-dose aspirin oral tri-buffered aspirin oral

### BOWEL PREP
Coverage includes generic prescription and over-the-counter products and are limited to two (2) bowel prep kits per year for adults 50 - 75 years old. alopen oral bisacodyl oral citrate of magnesium oral citr_DAC oral clearlax oral ducodil oral fleet laxative oral gavilax oral gavilyte-c oral gavilyte-g oral gavilyte-n oral gentie laxative oral gentielax oral glycolax oral healthylax oral laxaclear oral laxative (bisacodyl) oral laxative feminine oral laxative peg 3350 oral magnesium citrate oral milk of magnesia concentrated oral milk of magnesia oral nautra-lax oral oral saline laxative oral peg 3350-electrolytes oral peg3350 oral peg-electrolyte soln oral ragprep oral phosphate laxative oral polyethylene glycol 3350 oral powderlx oral purelax oral smoothlax oral trilix with flavor packets oral women's laxative oral women's gentie laxative(bisac) oral women's laxative (bisacodyl) oral

### CARDIOVASULAR
Full coverage for low-to-moderate dose generic statins will be limited to members 40-75 years old with one or more cardiovascular risk factor such as dyslipidemia, diabetes, hypertension, or smoking but who have not experienced a cardiovascular disease event. atorvastatin oral fluvastatin oral lovastatin oral pravastatin oral rosvastatin oral simvastatin oral

### CONTRACEPTION
You may be required to get preapproval for the services associated with the drugs in this category. afinemelle oral aftera oral altavera (28) oral alyacen 1/35 (28) oral alyacen 7/7/7 (28) oral amethia lo oral amethia oral amethyst oral aprl oral aranelle (28) oral ashylna oral aubra oral aubra eq oral aurovela oral aurovela 24 fe oral aurovela fe oral avian oral ayuna oral azurette (28) oral Balcoltra Oral balziva (28) oral bekyree (28) oral blisovi 24 fe oral blisovi fe 1.5/30 (28) oral blisovi fe 1/20 (28) oral briellyn oral camila oral camrese lo oral camrese oral Caya Contoured Vaginal caziant (28) oral

### BREST CANCER
You may be required to get preapproval for the services associated with the drugs in this category. raloxifene oral Soltamox oral tamoxifen oral
ACA Preventive Care Drug List

- chateal oral
- Conceptrol Vaginal
- cryselle (28) oral
- cyclofen 1/35 (28) oral
- cyclofen 7/7/7 (28) oral
- cyred oral
- dasetta 1/35 (28) oral
- dasetta 7/7/7 (28) oral
- daysee oral
- delyla (28) oral
- desog-e.estradiol/ e.estradiol oral
- desogestrel-ethyl
- estradiol oral
- dospirenone- e.estradiol-lm.fm oral
- dospirenone-ethyl
- estradiol oral
- econtra ez oral
- econtra one-step oral
- elinest oral
- Elena Oral
- eluring ring
- emourette oral
- enpresse oral
- enskyre oral
- errin oral
- estarylia oral
- etonogestrel/ethyl
- e ring
- ethynodiol diacet-ethyl
- estradiol oral
- fallback solo oral
- falmina (28) oral
- fayosim oral
- Fc2 Female Condom
- Femcap Vaginal
- femynor oral
- Gianvi (28) oral
- gildagia oral
- gildess oral
- gildess 24 fe oral
- gildess fe oral
- gynol II vaginal
- hailey 24 fe oral
- heather oral
- incassia oral
- introvalle oral
- isibloom oral
- jasmiel oral
- jencycla oral
- jolessa oral
- jolivette oral
- juleber oral
- junel 1.5/30 (21) oral
- junel 1/20 (21) oral
- junel fe 1.5/30 (28) oral
- junel fe 24 (28) oral
- junel fe 20/20 (28) oral
- junel fe 24 oral
- kaitilb fe oral
- kalliga oral
- kariva (28) oral
- kelnor 1/35 (28) oral
- kimidess (28) oral
- kurvelo oral
- l norgest/estradiol- e.estrad oral
- larin 1.5/30 (21) oral
- larin 1/20 (21) oral
- larin 24 fe oral
- larin fe 1.5/30 (28) oral
- larin fe 20/20 (28) oral
- larissia oral
- layolis fe oral
- leena 28 oral
- lessina oral
- levonest (28) oral
- levonorgestrel-ethyl
- estrad oral
- levonorgestrel-estradiol
- levora 0.15/30 (28) oral
- levora-28 oral
- lillow oral
- Lo Loestrin Fe oral
- lomedia 24 fe oral
- loryna (28) oral
- low-ogestrel (28) oral
- lo-zumadimine oral
- lutera (28) oral
- lyza oral
- marlissa oral
- melodetta 24 fe oral
- mibalas 24 fe oral
- microgestin 1.5/30 (21) oral
- microgestin 1/20 (21) oral
- microgestin fe 1.5/30 (28) oral
- microgestin fe 1/20 (28) oral
- mini oral
- mon-o-lynah oral
- mononessa (28) oral
- my choice oral
- my way oral
- myzilra oral
- Natazia Oral
- necon 0.5/35 (28) oral
- necon 1/50 (28) oral
- necon 7/7/7 (28) oral
- next day oral
- next choice one dose
- oral
- nikki (28) oral
- nor-0-be oral
- noreth-estriol estradiol- iron oral
- norethindrone
- (contraceptive) oral
- norethindrone-ac-eth
- estradiol oral
- norethindrone-
- estradiol-iron oral
- norgestimate-ethyl
- estradiol oral
- norgestrel-ethyl
- estradiol oral
- norflora oral
- norfloryc oral
- nortrel 0.5/35 (28) oral
- nortrel 1/35 (21) oral
- nortrel 1/35 (28) oral
- nortrel 7/7/7 (28) oral
- ocella oral
- ogestrel (28) oral
- opcicon one-step oral
- option-2 oral
- orsytthia oral
- philith oral
- pimtreza (28) oral
- primella oral
- Plan B One-Step Oral
- portia oral
- previfem oral
- quasense oral
- rajani oral
- react oral
- reciplen (28) oral
- rivelsa oral
- setlakin oral
- sharobel oral
- simliya oral
- simpesse oral
- spritec (28) oral
- sronyx oral
- syeda oral
- take action oral
- tarina fe oral
- tarina fe 1/20 (28) oral
- Taytulla Oral
- tila fe oral
- Today Contraceptive Sponge Vaginal
- tri femynor oral
- tri-estrylla oral
- tri-estrel oral
- tri-lynah oral
- tri-lo-estrylla oral
- tri-lo-marzia oral
- tri-lo-sprintec oral
- tri-mili oral
- trinesa (28) oral
- trinesa lo oral
- tri-previm (28) oral
- tri-sprintec (28) oral
- trivora (28) oral
- tri-vylibra oral
- tri-vylibra lo oral
- tulana oral
- tydey oral
- vaginal contraceptive
- film vaginal
- vaginal contraceptive
- foam vaginal
- Vcf Contraceptive Film Vaginal
- Vcf Contraceptive Gel Vaginal
- velivet triphasic
- regimen (28) oral
- vestura (28) oral
- vienna oral
- viorele (28) oral
- vyfemla (28) oral
- wera (28) oral
- Wide-Seal Diaphragm
- 60 Vaginal
- Wide-Seal Diaphragm
- 65 Vaginal
- Wide-Seal Diaphragm
- 70 Vaginal
- Wide-Seal Diaphragm
- 75 Vaginal
- Wide-Seal Diaphragm
- 80 Vaginal
- Wide-Seal Diaphragm
- 85 Vaginal
- Wide-Seal Diaphragm
- 90 Vaginal
- Wide-Seal Diaphragm
- 95 Vaginal
- wymyza fe oral
- xulane transdermal
- zarah oral
- zenchent (28) oral
- zenchent fe oral
- zovia 1/35e (28) oral
- zovia 1/50e (28) oral
- zumadimine oral

**FLUORIDE**
- fluor-a-day (with xylitol) oral
- fluoride (sodium) oral
- fluoritab oral
- ludent fluoride oral
- multivitamin with fluoride oral
- multi-vitamin with fluoride oral drops
- multi-vitamin with fluoride oral tablet, chewable
- multivitamins with fluoride oral
- multivit-fluor (vit e acetate) oral
- mvc-fluoride oral
- triple vitamin with fluoride oral
- tri-vitamin with fluoride oral
- vitamins a,c,d and fluoride oral
FOLIC ACID
Coverage for generic only, prescription and over-the-counter included for women ages 55 or younger who are planning and able to get pregnant.
- b complex 1 oral
- b complex 100 oral
- b complex-vitamin b12 oral
- b complex-vitamin c-folic acid oral
- b-100 complex oral
- balance b-50 oral
- balance b-50 complex oral
- balance b-100 oral
- balance b-100 complex oral
- balance b-100 oral
- b complex oral
- b complex with vitamin c oral
- classic prenatal oral
- complex b-100 oral
- prenatal multivitamins
- prenatal one daily oral
- prenatal oral
- prenatal tablet oral
- prenatal vitamin oral
- prenatal vitamin with minerals oral
- prenatal vit-iqfum-folic ac oral
- prenatal vits96-iron fum-folic oral
- RENAL VITAMIN ORAL
- RENAL-VITE ORAL
- rena-vite oral
- Right Step Prenatal Vitamins Oral
- stress formula 600 c oral
- stress formula oral
- stress formula oral with iron oral
- stress formula with iron oral
- super b complex - vitamin c oral
- super b maxi complex oral
- super b-50 complex
- super quints b-50 oral
- super quints oral
- superplex-t oral
- total b/c oral
- ultra b-100 complex oral
- vit b complex-folic acid oral
- Vita-Bee With C Oral
- vitamin b complex oral vitamins b complex oral

PREP
Effective 7/1/2020 for group benefits and 1/1/2021 for individual benefits.
- Emtriva 200mg
- tenofovir 300mg
- Truvada 200-300mg

SMOKING CESSATION
Coverage includes prescription and over-the-counter, brand and generic for members greater than 18 years old.
- bupropion hcl (smoking deter) oral
- Chantix Continuing Month Box Oral
- Chantix Oral
- Chantix Starting Month Box Oral
- Nicoderm Cq
- Transdermal nicorelief buccal
- Nicorette Buccal Gum 2 Mg
- Nicorette Buccal Gum 4 Mg
- Nicorette Buccal Lozengen
- Nicorette Buccal Mini Lozenge
- nicotine (polacrilex) buccal
- nicotine transdermal
- Nicotrol Inhalation
- Nicotrol Ns Nasal nt step 1 transdermal quit 2 buccal quit 4 buccal
- stop smoking aid buccal
- Zynab Oral

VACCINES
- Acathis (Pf)
- Intramuscular
- Adacel(Tdap Adolesc / Adult) (Pf)
- Intramuscular
- Afluria 2018-2019
- Afluria 2018-2019 (Pf)
- Intramuscular
- Afluria Quad 2019-2020
- Afluria Quad 2018-2019
- Bcg Vaccine, Live (Pf)
- Percutaneous
- Bexsoro Intramuscular
- Boostrix Tdap Intramuscular
- Cervarix Intramuscular
- Comvax
- Daptacel (Dtap Pediatric) (Pf)
- Intramuscular
- Engerix-B (Pf)
- Intramuscular
- Engerix-B Pediatric (Pf)
- Intramuscular
- Fluad 2018-2019 Intramuscular
- Fluad 2019-2020 Intramuscular
- Fluarix Quad 2018-2019 Intramuscular
- Fluarix Quad 2019-2020 Intramuscular
- Flublok Quad 2018-2019 Intramuscular
- Flublok Quad 2019-2020 Intramuscular
- Fluclavax Quad 2018-2019 Intramuscular
- Fluclavax Quad 2019-2020 Intramuscular
- Flulaval Quad 2018-2019 Intramuscular
- Flulaval Quad 2019-2020 Intramuscular
- Fluvirin 2018-2019 Nasal
- Fluvirin 2018-2019 Intramuscular
- Fluvirin 2019-2020 Intramuscular
- Fluvirin 2019-2020 Intramuscular
- Gardasil 9 (Pf)
- Intramuscular
- Herpex (Pf)
- Intramuscular
- Heplisav-B intramuscular
- Hibrix (Pf)
- Intramuscular
- Infanrix (Dtap) (Pf)
- Intramuscular
- Ipol Injection
- Kinrix (Pf) Intramuscular
- Menactra (Pf)
- Intramuscular
- Menhibrix (Pf)
- Intramuscular
- Menomune - A/C/Y/W-135 (Pf) Subcutaneous
- Menomune - A/C/Y/W-135 Subcutaneous
- Menveo A-C-Y-W-135-Dip (Pf) Intramuscular
- M-R-M ii (Pf)
- Subcutaneous
- Pediatrix (Pf)
- Intramuscular
- Pedvax Hib (Pf)
- Intramuscular
- Pentacel (Pf)
- Intramuscular
- Pentacel Acthiv Component (Pf)
- Intramuscular
- Pneumovax 23 Injection
- Prevnar 13 (Pf)
- Intramuscular
- Proquad (Pf)
- Subcutaneous
- Quadracel (Pf)
- Intramuscular
- Recombivax Hb (Pf)
- Intramuscular
- Rotarix Oral
- Rotatex Vaccine Oral
- Shingrix (Pf)
- Intramuscular
- Tenivac (Pf)
- Intramuscular
- Tetanus.Diphtheria Tox
- Ped(Pf) Intramuscular
- Tetanus.Diphtheria Toxoids-Td
- Intramuscular
1 The range of preventive care services covered at no cost share when provided in network is designed to meet the requirements of federal and state law. The Department of Health and Human Services has defined the preventive services to be covered with no cost share as those services described in the U.S. Preventive Services Task Force A and B recommendations, the Advisory Committee on Immunization Practices (ACIP) of the Centers for Disease Control and Prevention (CDC) and certain guidelines for infants, children, adolescents and women supported by the Health Resources and Services Administration (HRSA) Guidelines. You may have additional coverage under your insurance policy. To learn more about what your plan covers, see your Certificate of Coverage or call the Member Services number on your ID card.

2 Limited to two (2) bowel prep screenings per year.

3 You may be required to get preapproval for these services.

4 Full coverage for statins will be limited to members with cardiovascular risk factors but who have not experienced a cardiovascular disease event.

5 This benefit also applies to those younger than age 19.

6 A cost share may apply for other prescription contraceptives, based on your drug benefits.

7 Your cost share may be waived if your doctor decides that using the multisource brand is medically necessary.

This list may change without notice which may affect your benefit coverage. To be sure your medication is covered under the PreventiveRx benefit, call the member services number located on your ID card.

Anthem Blue Cross is the trade name of Blue Cross of California. Anthem Blue Cross and Anthem Blue Cross Life and Health Insurance Company are independent licensees of the Blue Cross Association. Anthem is a registered trademark of Anthem Insurance Companies, Inc. 610880CAMEX 1 Rev. 7/1/2020
Get help in your language

Curious to know what all this says? We would be too. Here’s the English version:
You have the right to get this information and help in your language for free. Call the Member Services number on your ID card for help. (TTY/TDD: 711)

Separate from our language assistance program, we make documents available in alternate formats for members with visual impairments. If you need a copy of this document in an alternate format, please call the customer service telephone number on the back of your ID card.

Spanish
Tiene el derecho de obtener esta información y ayuda en su idioma en forma gratuita. Llame al número de Servicios para Miembros que figura en su tarjeta de identificación para obtener ayuda. (TTY/TDD: 711)

Chinese
您有權使用您的語言免費獲得該資訊和協助。請撥打您的ID卡上的成員服務號碼尋求協助。 (TTY/TDD: 711)

Vietnamese
Quý vị có quyền nhận miễn phí thông tin này và sự trợ giúp bằng ngôn ngữ của quý vị. Hãy gọi cho số Dịch Vụ Thành Viên trên thẻ ID của quý vị để được giúp đỡ. (TTY/TDD: 711)

Korean
귀하에게는 무료로 이 정보를 얻고 귀하의 언어로 도움을 받을 권리가 있습니다. 도움을 얻으려면 귀하의 ID 카드에 있는 회원 서비스 번호로 전화하십시오. (TTY/TDD: 711)

Tagalog
May karapatan kayong makuha ang impormasyon at tulong na ito sa ginagamit ninyong wika nang walang bayad. Tumawag sa numero ng Member Services na nasa inyong ID card para sa tulong. (TTY/TDD: 711)

Russian
Вы имеете право получить данную информацию и помощь на вашем языке бесплатно. Для получения помощи звоните в отдел обслуживания участников по номеру, указанному на вашей идентификационной карте. (TTY/TDD: 711)

Arabic
يحلك لك الحصول على هذه المعلومات والمساعدة بلغتك مجانًا. اتصل ب رقم خدمات الأعضاء الموجود على بطاقة التعريف الخاصة بك للمساعدة.(TTY/TDD: 711)

Armenian
Մուտք կիրառեն նույն նշված հատակացություններից և պաշտոնական ուսումնասիրություններից ստացվող տեղեկություններից: Օգնությունների սատարմության համար կանգառական Պատասխանատվության տեղեկությունը Ձեր ID քարտի վրա նշված համարով: (TTY/TDD: 711)

Farsi
شما این حق را دارید که این اطلاعات و کمک‌ها را به شماره مراکز خدمات اعضای که بر روی کارت شناساییتان درج شده است، تعویض کنید. (TTY/TDD: 711)

French
Vous avez le droit d’accéder gratuitement à ces informations et à une aide dans votre langue. Pour cela, veuillez appeler le numéro des Services destinés aux membres qui figure sur votre carte d’identification. (TTY/TDD: 711)
It's important we treat you fairly
That's why we follow federal civil rights laws in our health programs and activities. We don't discriminate, exclude people, or treat them differently on the basis of race, color, national origin, sex, age or disability. For people with disabilities, we offer free aids and services. For people whose primary language isn't English, we offer free language assistance services through interpreters and other written languages. Interested in these services? Call the Member Services number on your ID card for help (TTY/TDD: 711). If you think we failed to offer these services or discriminated based on race, color, national origin, age, disability, or sex, you can file a complaint, also known as a grievance. You can file a complaint with our Compliance Coordinator in writing to Compliance Coordinator, P.O. Box 27401, Mail Drop VA2002-N160, Richmond, VA 23279. Or you can file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201 or by calling 1-800-368-1019 (TDD: 1- 800-537-7697) or online at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf. Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.