Get healthier. Get rewarded.

Welcome to Anthem Health Rewards! This program rewards you for focusing on good health. Here’s how it works. When you take part in a health and wellness program or activity, you’ll earn rewards. You can use your rewards to get gift cards from top retailers. You can receive gift cards for electronics, restaurants, clothing, books and much more!

To see what rewards you’re eligible for and how to redeem them for gift cards, go to anthem.com and follow the step-by-step instructions in this brochure.

If you don’t have access to the Internet, call the customer service number on your member ID card. We’ll help you get started.
Let’s get rewarded!

To access your rewards, you must first log in at anthem.com.

Don’t have an anthem.com account? Go to anthem.com and choose Register Now. Then follow the steps online.

Next, select Health & Wellness.
Get my rewards

At the bottom of the screen, select **Get my Rewards**. You’ll be directed to the Anthem Health Rewards website.

Track your progress on the rewards home page

The rewards home page **My Account** box shows a summary of the rewards you’ve earned — once you start tracking your healthy actions.
Check out what activities you can complete to earn rewards.

At the top of the screen, choose My Activities > Available Activities.

You can view your choices for healthy activities, track them and see reward values.

Some activities are automatically reported after you complete them. You may need to report other activities after you complete them to receive your reward. If you see a link for Report this activity, you need to select it when you finish that activity.
Reporting your healthy activity

Enter the day you completed the activity. Next, select Continue.

Completing your report

Check the box to confirm you've completed the activity and choose Complete to finish your reporting.

See your completed activities

See your completed activities by selecting My Activities and then Completed Activities.
Your completed activities

The Completed Activities page shows your activities and progress toward earning rewards.

Get your rewards

At any time, you can see the rewards you've earned and trade them in if you want. Just go to My Rewards and choose Trade in my points. This will take you to the View Merchants page.
Check out the categories of rewards

Browse the reward categories and then select a merchant that interests you.

Select a merchant

When you’ve decided on the merchant you want to get a gift card from, enter the dollar amount under Certificate Value. Enter how many gift cards you want under Quantity. Then choose how you want to receive the gift card (or cards) — by email or regular mail. Select Add to Cart.

Reminder: You need at least 25 points to trade in for a reward. The minimum value for a gift card is $25.
Review your reward order

Make sure your order is correct and then select Checkout.

Enter your information

Enter your information to receive your gift card and select Continue. And, you’re done. Congratulations on your hard work!

Keep up the good work and let us know if you have questions

We hope Anthem Health Rewards gives you some extra motivation to help you stay healthy. If you have any questions or need help getting your rewards, call the customer service number on your member ID card.