

Depending on the health plan you have with us, you may need to fill maintenance drugs through home delivery or a Smart 90® pharmacy.<sup>1</sup> Maintenance drugs are medicines used for long-term health conditions like asthma, heartburn, high blood pressure, allergies and high cholesterol.

### Find out what's covered by your plan at anthem.com.

When you're on our site, choose **Manage your prescriptions** on the homepage and then log in with your user name and password. After you log in, you'll be taken to the pharmacy home page, where you can:

- Choose **Price a Medication** where you can find out if a drug is covered by your plan and how much you'll pay for it at a retail pharmacy or through home delivery.
- Choose **Locate a Pharmacy**, which will take you to the tool to search for a Smart 90 pharmacy near you.

### Want to get started with home delivery?

To sign up, fill out the home delivery order form. Be sure your doctor includes your prescription for a 90-day supply of your medicine and your copay information, and mails it to the address on the form. You can also switch prescriptions you now get filled at your pharmacy to home delivery online. On the pharmacy home page, just choose **Switch to Home Delivery** to see your prescriptions and get started.

If you want to use our Home Delivery Pharmacy and are enrolled in a program that helps you with your copay, or if you use manufacturer coupons to help pay for prescriptions, you'll need to give the program or manufacturer detailed claim information and a receipt to get paid back. The company that manages our prescription benefits can't bill us or these third parties for prescriptions you fill through home delivery.

To find out the maintenance drugs you may be able to fill through the home delivery pharmacy or at a Smart90 pharmacy, check out this list:<sup>2</sup>

#### ANTI-INFECTIVE

##### *Infection Drugs*

amantadine  
dapson

##### *Malaria*

primaquine

#### AUTONOMIC AND CENTRAL NERVOUS SYSTEM DRUGS

##### *Alzheimer's Disease*

Aricept  
donepezil hcl  
ergoloid mesylates  
Exelon  
galantamine  
galantamine er  
memantine hcl / ER  
Namenda  
Namenda XR  
Razadyne  
Razadyne ER  
rivastigmine

##### *Anxiety*

bupirone hcl

##### *Depression*

Aplenzin  
Brisdelle  
bupropion hcl  
bupropion hcl er/sr  
bupropion xl  
Celexa  
citalopram hbr  
Cymbalta  
desvenlafaxine er  
desvenlafaxine succinate er  
duloxetine hcl  
Effexor XR  
Emsam  
escitalopram oxalate  
Fetzima  
fluoxetine dr  
fluoxetine hcl  
fluvoxamine maleate  
Forfivo XL  
Khedezla  
Lexapro  
Marplan  
Nardil  
nefazodone hcl

##### Parnate

paroxetine er  
paroxetine hcl  
paroxetine mesylate  
Paxil  
Paxil CR  
Pexeva  
phenelzine sulfate  
Pristiq  
Prozac  
Sarafem  
sertraline hcl  
tranylcypromine sulfate  
venlafaxine hcl  
venlafaxine hcl er  
Viibryd  
Wellbutrin SR  
Wellbutrin XL  
Zoloft

##### *Fibromyalgia*

Savella

##### *Muscle Relaxers*

Dantrium  
dantrolene sodium

##### *Myasthenia Gravis*

##### Mestinon

pyridostigmine bromide  
pyridostigmine bromide er

##### *Parkinson's Disease*

Azilect  
carbidopa  
carbidopa-levodopa  
carbidopa-levodopa er  
carbidopa-levodopa-entacapone  
Comtan  
entacapone  
Lodosyn  
Mirapex  
Mirapex ER  
Neupro  
Osmolex ER  
pramipexole  
pramipexole dihydrochloride  
pramipexole er  
rasagiline mesylate  
Requip  
Requip XL  
ropinirole hcl  
Rytary

##### selegiline hcl

Sinemet  
Sinemet CR  
Stalevo  
Tasmar  
tolcapone  
Xadago  
Zelapar

##### *Smoking Deterrent*

Zyban

#### CANCER, TRANSPLANT AND OTHER IMMUNOSUPPRESSANT DRUGS

##### *Rheumatoid Arthritis*

hydroxychloroquine sulfate  
Plaquenil  
Ridaura

#### CARDIOVASCULAR DRUGS

*Heart Rhythm*  
amiodarone hcl  
Betapace

# Maintenance Drug List

Betapace AF	atenolol/chlorthalidone	Exforge HCT	Prestalia	Demadex
Corlanor	Avalide	felodipine er	Prinivil	Diuril
disopyramide phosphate	Avapro	fosinopril sodium	Procardia	Dyazide
flecainide acetate	Azor	fosinopril/hctz	Procardia XL	Dyrenium
mexiletine hcl	benazepril hcl	guanfacine hcl	propranolol hcl	Edecrin
Multaq	benazepril/hctz	hydralazine hcl	propranolol hcl er	eplerenone
Norpace	Benicar	Hyzaar	propranolol/hctz	ethacrynic acid
Norpace CR	Benicar HCT	Inderal LA/XL	Qbrelis	furosemide
Pacerone	betaxolol hcl	Innopran XL	quinapril	hctz
propafenone hcl	bisoprolol fumarate	irbesartan	quinapril/hctz	indapamide
propafenone hcl er	bisoprolol/hctz	irbesartan/hctz	ramipril	Inspra
quinidine gluconate	Bystolic	isradipine	Sular	Lasix
quinidine sulfate	Byvalson	Kapsargo Sprinkle	Tarka	Maxzide
Rythmol SR	Calan	labetalol hcl	Taztia XT	methylothiazide
Sorine	Calan SR	lisinopril	Tekturna	metolazone
sotalol	candesartan cilexetil	lisinopril/hctz	Tekturna HCT	Microzide
sotalol af	candesartan/hctz	Lopressor	telmisartan	spironolactone
Sotylize	captopril	Lopressor HCT	telmisartan/amlodipine	spironolactone/hctz
<i>Heart/Angina</i>	captopril/hctz	losartan potassium	telmisartan/hctz	toremide
Dilatrate-SR	Cardizem	losartan/hctz	Tenoretic	triamterene/hctz
Isochron	Cardizem CD	Lotensin	Tenormin	<i>Heart/Congestive Heart Failure</i>
Isordil	Cardizem LA	Lotensin HCT	terazosin hcl	Digitek
isosorbide dinitrate	Cardura	Lotrel	Tiazac	Digox
isosorbide mononitrate	Cardura XL	Matzim LA	timolol maleate	digoxin
isosorbide mononitrate er	Cartia XT	methyldopa	Toprol XL	Lanoxin
Minitran	carvedilol	methyldopa/hctz	trandolapril	<i>High Cholesterol</i>
Nitro-Bid	carvedilol er	metoprolol succinate	trandolapril/verapamil	Altoprev
Nitro-Dur	Catapres	metoprolol succinate/hctz er	Tribenzor	amlodipine/atorvastatin
nitroglycerin	Catapres-TTS	metoprolol tartrate	Twynsta	Antara
nitroglycerin patch	clonidine hcl	metoprolol/hctz	valsartan	atorvastatin calcium
Nitro-Time	Clorpres	Micardis	valsartan/hctz	Caduet
<i>Heart/Blood Pressure</i>	Coreg	Micardis HCT	Vaseretic	cholestyramine
Accupril	Coreg CR	Minipress	vasopressin	cholestyramine light
Accuretic	Corgard	minoxidil	Vasotec	colesevelam hcl
acebutolol hcl	Corzide	moexipril hcl	verapamil er	Colestid
Adalat CC	Cozaar	moexipril/hctz	verapamil er pm	colestipol hcl
Afeditab CR	diltiazem cd	nadolol	verapamil hcl	Crestor
Altace	diltiazem er	nadolol/bendroflumethiazide	Verelan	ezetimibe
amiloride hcl	diltiazem hcl	nicardipine hcl	Verelan PM	ezetimibe-simvastatin
amlodipine besylate	Dilt-XR	nifedipine	Zestoretic	fenofibrate
amlodipine besylate/benazepril	Diovan	nifedipine er	Zestril	fenofibric acid
amlodipine/olmesartan	Diovan HCT	nisoldipine	Ziac	Fenoglide
amlodipine/valsartan	doxazosin mesylate	Norvasc	<i>Heart/Blood Pressure/Water Pills</i>	Fibricor
amlodipine/valsartan/hctz	Dutoprol	olmesartan	Aldactazide	Flolipid
Atacand	Edarbi	olmesartan/amlodipine/hctz	Aldactone	fluvastatin er
Atacand HCT	Edarbyclor	olmesartan/hctz	amiloride/hctz	fluvastatin sodium
atenolol	enalapril maleate	perindopril erbumine	bumetanide	gemfibrozil
	enalapril/hctz	pindolol	Carospir	Lescol
	Entresto	prazosin hcl	chlorothiazide	Lescol XL
	Epaned		chlorthalidone	Lipitor
	eprosartan mesylate			
	Exforge			

Lipofen	Prevident 5000 Sensitive	Duetact	Novolin 70-30	Atelvia
Livalo	SF	Farxiga	Novolin N	Binosto
Lopid	SF 5000 Plus	Fiasp	Novolin R	Boniva
lovastatin	sodium fluoride	Fortamet	Novolog	calcitonin-salmon
Lovaza	<i>Dry Mouth</i>	glimepiride	Novolog Mix 70-30	Fosamax
niacin er	cevimeline hcl	glipizide	Onglyza	Fosamax Plus D
Niacor	Evoxac	glipizide er	Oseni	ibandronate sodium
Niaspan	<b>ENDOCRINE DRUGS</b>	glipizide xl	Ozempic	risedronate sodium
omega-3 acid ethyl esters	<i>Addison's Disease</i>	glipizide-metformin	pioglitazone hcl	risedronate sodium dr
Pravachol	fludrocortisone acetate	Glucophage	pioglitazone-glimepiride	<i>Paget Disease</i>
pravastatin sodium	<i>Anti-inflammatory</i>	Glucophage XR	pioglitazone-metformin hcl	etidronate disodium
Prevalite	Betaloan Suik	Glucotrol	Prandin	<i>Thyroid</i>
Questran	Cortef	Glucotrol XL	Precose	Armour Thyroid
Questran Light	Dexonto	Glucovance	Proglycem	Cytomel
rosuvastatin calcium	DMT Suik	Glumetza	Qtern	levothyroxine sodium
simvastatin	hydrocortisone	glyburide	repaglinide	Levo-T
Tricor	Medroloan II Suik	glyburide micronized	repaglinide-metformin hcl	Levoxy
Triglide	Medroloan Suik	glyburide-metformin hcl	Riomet	liothyronine sodium
Triklo	P-Care D,K	Glynase	Segluromet	methimazole
Trilipix	Pod-Care	Glyset	Soliqua 100-33	Nature-Throid
Vascepa	Triloan II Sulk	Glyxambi	Starlix	Np Thyroid
Vytorin	Triloan Sulk	Humalog	Steglatro	propylthiouracil
Welchol	<i>Bed Wetting</i>	Humalog Mix 50-50	Steglujan	Synthroid
Zetia	DDAVP	Humalog Mix 75-25	Symlinpen 120	Tapazole
Zocor	desmopressin acetate	Humulin 70-30	Symlinpen 60	Thyrolar
Zypitamag	Noctiva	Humulin N	Synjardy	thyroid
<i>Peripheral Artery Disease</i>	<i>Diabetes</i>	Humulin R	Synjardy XR	Tirosint
pentoxifylline	acarbose	Insulin Needles (Brand and generic)	Tanzeum	Unithroid
Ranexa	Actoplus Met	Insulin Pen Needles (Brand and generic)	tolazamide	Westhroid
<i>Peripheral Vascular Disease</i>	Actoplus Met XR	Insulin Syringes (Brand and generic)	tolbutamide	Wp Thyroid
Bidil	Actos	Invokamet	Toujeo Max Solostar	<b>EYE DRUGS</b>
isoxsuprine hcl	Adlyxin	Invokamet XR	Toujeo Solostar	<i>Antibiotic</i>
<b>DENTAL/ORAL CARE DRUGS</b>	Admelog	Invokana	Tresiba Flextouch	neomycin/bacitracin/polymyxin
<i>Dental Products</i>	Admelog Solostar	Janumet	Trulicity	Neo-Polycin
Clinpro 5000	Afrezza	Janumet XR	Victoza	<i>Dry Eye</i>
Denta 5000 Plus	alogliptin	Januvia	Xigduo XR	cyclosporine in klarity
Dentagel	alogliptin-metformin	Jardiance	Xultophy 100-3.6	<i>Glaucoma Drugs</i>
Fluorabon	alogliptin-pioglitazone	Jentadueto	<i>Gout</i>	acetazolamide
Fluoride	Amaryl	Jentadueto XR	allopurinol	Alphagan P
Fluoridex Daily Defense	Apidra	Kazano	probenecid	apraclonidine hcl
Fluoritab	Apidra Solostar	Kombiglyze XR	probenecid/colchicine	Azopt
Flura-Drops	Avandia	Lantus	Uloric	Betagan
Ludent Fluoride	Basaglar Kwikpen	Lantus Solostar	Zurampic	betaxolol hcl
Prevident	Bydureon	Levemir	Zyloprim	Betimol
Prevident 5000 Enamel	Bydureon Bcise	metformin hcl	<i>High Prolactin Levels</i>	Betoptic S
	Byetta	metformin hcl er	cabergoline	bimatoprost
	chlorpropamide	Miglitol	<i>Osteoporosis</i>	brimonidine tartrate
	Cycloset	nateglinide	Actonel	brimonidine-dorzolamide
	DM2	Nesina	alendronate sodium	

carteolol hcl	ursodiol	<i>Pain/Inflammation</i>	Vimovo	<i>Therapeutic Vitamins/ Minerals and Dietary Supplements</i>
Combigan	<i>Laxatives</i>	Anaprox DS	Vivlodex	
Cosopt	Kristalose	Arthrotec	Voltaren	
Cosopt PF	<i>Proton Pump Inhibitors</i>	Celebrex	Voltaren-XR	Carnitor
dorzolamide hcl	Aciphex	celecoxib	Vopac MDS	Carnitor SF
dorzolamide-timolol	Aciphex Sprinkle	Daypro	Xeltral	Ciferex
lopidine	Dexilant	Dermacinrx Lexitral	Xrylix	Dermacinrx Purefolix
Isopto Carpine	esomep-ezs	Diclo Gel	Zorvolex	Durachol
Istalol	esomeprazole	diclofenac sodium	<b>NUTRITION, BLOOD MODIFIERS, ELECTROLYTES</b>	Enlyte
latanoprost	magnesium	diclofenac sodium- misoprostol	<i>Chronic Kidney Disease</i>	Escavite D
levobunolol hcl	esomeprazole strontium	diclo gel-xrylix sheet	calcitriol	Escavite LQ
Lumigan	lansoprazole	Diclopak	Floriva	Floriva Plus
methazolamide	Nexium	Diclopr	folic acid	Folika-D
metipranolol	Omeppi	Diclotral	Folixapure	levocarnitine
Phospholine Iodide	omeprazole	Diclozor	Macuvex	Macuzin
pilocarpine hcl	omeprazole-sodium	diflunisal	Mebolic	Methaver
Rhopressa	bicarbonate	Dithol	Multivitamins	Nascobal
Simbrinza	pantoprazole sodium	Duexis	Nicomide	Niva-Plus
timolol- brimonidin- dorzolamide	Prevacid	EC-Naprosyn	Noxifol-D3	O-Cal FA
timolol-brimoni-dorzol- latanop	Prilosec	etodolac	Omnivex	Ortho D
timolol-dorzolamide- latanoprst	Protonix	etodolac er	Ortho DF	Ortho
timolol-latanoprost	rabeprazole sodium	Feldene	Potaba	Puralor CI
timolol maleate	Zegerid	fenoprofen calcium	Purefe Plus	Quflora
Timoptic	<i>Ulcer</i>	Fenortho	Qufloa FE	Revesta
Timoptic-XE	Carafate	flurbiprofen	Roxifol-D	Sulfzix
Travatan Z	cimetidine	Frotek	Sulfzix	Thrivite 19
Trusopt	Cytotec	ibuprofen	Virt-Vite Plus	Vol-Nate
Vyzulta	famotidine	Inflamma-K	Vol-Plus	Vol-Tab RX
Xalatan	misoprostol	ketoprofen	Xyzbac	Zavara
Zioptan	nizatidine	Lexixryl	Zyvit	
<i>Other Eye Drugs</i>	Pepcid	Lodine		
atropine sulfate	ranitidine hcl	meclofenamate sodium		
Cyclogyl	sucralfate	meloxicam	<i>Stroke/Peripheral Artery Disease</i>	
Cyclomydril	Zantac	Mobic	Aggrenox	
cyclopentolate hcl	<i>Ulcerative Colitis</i>	nabumetone	Agrylin	
Homatropaire	Apriso	Nalfon	anagrelide hcl	
homatropine	Asacol HD	Naprelan	aspirin-dipyridamole er	
isopto atropine	Azulfidine	Naprosyn	Brilinta	
Mydracyl	Delzicol	naproxen	cilostazol	
tropicamide	Dipentum	naproxen sodium ds	clopidogrel	
tropicamide- cyclopentolate-pe	Lialda	naproxen sodium er	dipyridamole	
	mesalamine	oxaprozin	Durlaza	
	Pentasa	Nudiclo	Effient	
	sulfasalazine	Pennsaid	Plavix	
	sulfasalazine dr	piroxicam	Pradaxa	
		ProFeno	prasugrel hcl	<b>OBSTETRICAL AND GYNECOLOGICAL DRUGS</b>
<b>GASTROINTESTINAL DRUGS</b>	<b>MUSCULOSKELETAL DRUGS</b>	sulindac	Yosprala	<i>Birth Control</i>
<i>Gallstones</i>	<i>Muscle Relaxers</i>	Tivorbex	Zontivity	Altavera
Actigall	baclofen	tolmetin sodium		
Urso		Toronova II Suik		
Urso Forte		Toronova Suik		

# Maintenance Drug List

Alyacen	Jolessa	Ocella	Zarah	Jevantique LO
Amethia	Juleber	Ogestrel	Zenchent	Jinteli
Amethia LO	Junel	Orsythia	Zovia	Lopreeza
Amethyst	Junel FE	Ortho Tri-Cyclen	<i>Birth Control/Progestin</i>	Mimvey
Apri	Kaitlib FE	Ortho Tri-Cyclen LO	<i>Only</i>	Mimvey LO
Aranelle	Kariva	Ortho-Cyclen	Camila	Prefest
Ashlyna	Kelnor	Ortho-Novum	Deblitane	Premphase
Aubra	Kurvelo	Philith	Errin	Prempro
Aviane	Larin	Pimtrea	Heather	<i>Progestin Drugs</i>
Azurette	Larin FE	Pirmella	Incassia	Aygestin
Balcoltra	Larissia	Portia	Jencycla	medroxyprogesterone
Balziva	Layolis FE	Previfem	Jolivette	acetate
Bekyree	Leena	Quartette	Lyza	norethindrone acetate
Beyaz	Lessina	Quasense	Nora-Be	Provera
Blisovi 24 FE	Levonest	Rajani	Norlyda	
Blisovi FE	levonorgestrel-eth	Reclipsen	Norlyroc	<b>RESPIRATORY DRUGS</b>
Brevicon	estradiol	Rivelsa	Ortho Micronor	<i>Asthma -</i>
Briellyn	levonorg-eth estrad eth	Safyral	Sharobel	<i>Bronchodilator/Steroid</i>
Camrese	estrad	Seasonique	Tulana	<i>Combo</i>
Camrese LO	Levora	Setlakin		Advair Diskus
Caziant	Lillow	Sprintec	<i>Breast Cancer/</i>	Advair HFA
Chateal	Lo Loestrin FE	Sronyx	<i>Osteoporosis</i>	Airduo Respiclick
Cryelle	Loestrin	Syeda	Evista	Dulera
Cyclafem	Loestrin FE	Tarina FE	raloxifene hcl	fluticasone-salmeterol
Cyclessa	Loryna	Taytulla	<i>Estrogen Drugs</i>	Symbicort
Cyred	Loseasonique	Tilia FE	Alora	<i>Asthma - Inhaled</i>
Dasetta	Low-Ogestrel	Tri-Estarylla	Climara	<i>Corticosteroids</i>
Daysee	Lutera	Tri Femynor	Divigel	Aerospan
Delyla	Marlissa	Tri-Legest FE	Elestrin	Alvesco
desogestrel-ethinyl	Melodetta 24 FE	Tri-Linyah	Estrace	Armonair Respiclick
estradiol	Mibelas 24 FE	Tri-Lo-Estarylla	estradiol	Arnuity Ellipta
desogestr-eth estrad eth	Microgestin	Tri-Lo-Marzia	estradiol transdermal	Asmanex
estra	Microgestin 24 FE	Tri-Lo-Sprintec	patch	Asmanex HFA
drospirenone-ethinyl	Microgestin FE	Tri-Mili	Estring	budesonide
estradiol	Mili	Trinessa	estropipate	Flovent Diskus
drospirenone-eth estra-	Minastrin 24 FE	Trinessa LO	Femring	Flovent HFA
levomef	Mircette	Tri-Norinyl	Menest	Pulmicort
Elinest	Mono-Linyah	Tri-Previfem	Premarin	Pulmicort Flexhaler
Emoquette	Mononessa	Tri-Sprintec	Vagifem	Qvar Redihaler
Enpresse	Myzilra	Trivora	Vivelle-Dot	
Enskyce	Natazia	Tri-Vylibra	Yuvaferm	<i>Asthma/Allergies</i>
Estarylla	Necon	Tydemy		Accolate
Estrostep FE	Nikki	Velivet	<i>Estrogen/Progestin</i>	cromolyn sodium
ethynodiol-ethinyl	norethindrone-ethin	Vienna	<i>Combinations</i>	montelukast sodium
estradiol	estradiol	Viorele	Activella	Singulair
Falmina	norethin-eth estra	Vyfemla	Amabelz	zafirlukast
Fayosim	ferrous fum	Vylibra	Angeliq	zileuton
Femynor	norgestimate-ethinyl	Wera	Climara Pro	Zyflo
Generess FE	estradiol	Wymzya FE	Combipatch	Zyflo CR
Gianvi	norgestrel-ethiny estra	Xulane	estradiol-norethindrone	
Introvale	Nortrel	Yasmin	acetate	<i>Bronchodilators</i>
Isibloom	Nuvaring	Yaz	Femhrt	albuterol sulfate
			Fyavolv	Atrovent HFA

# Maintenance Drug List



Brovana	Tudorza Pressair	Utibron Neohaler	Detrol LA	<i>Prostate</i>
Elixophyllin	<i>COPD</i>		Ditropan XL	alfuzosin hcl er
ipratropium bromide	Anoro Ellipta	<b>UROLOGICAL DRUGS</b>	Enablex	Avodart
metaproterenol sulfate	Arcapta Neohaler	<i>Erectile Dysfunction</i>	flavoxate hcl	dutasteride
Perforomist	Bevespi Aerosphere	Stendra	Gelnique	dutasteride-tamsulosin
Serevent Diskus	Breo Ellipta	<i>Kidney Function</i>	oxybutynin chloride	finasteride
Spiriva	Incruse Ellipta	Cuprimine	oxybutynin chloride er	Flomax
Spiriva Respimat	Lonhala Magnair	Depen	Oxytrol	Jalyn
terbutaline sulfate	Seebri Neohaler	<i>Overactive Bladder</i>	tolterodine tartrate	Proscar
Theo-24	Stiolto Respimat	darifenacin er	tolterodine tartrate er	Rapaflo
Theochron	Striverdi Respimat	Detrol	tropium chloride	tamsulosin hcl
theophylline anhydrous	Trelegy Ellipta		Vesicare	Uroxatral

**Disclaimer/note/source:**

1 Express Scripts is a separate company that manages pharmacy services and benefits on behalf of health plan members.  
 2 This list does not include all maintenance drugs and is not a guarantee of benefits. Please check your drug list for coverage. Generic drugs are lower case and trade/brand name drugs are capitalized.  
 This list does not include all maintenance drugs and is not a guarantee of Benefits. Please check your drug list for coverage. Some medications, like Insulin Needles, are listed as a category and not with a specific brand or generic name.  
 Over-the-counter drugs are not included on this list.  
 This list may change without notice, which may affect your benefit coverage.  
 For more information about your benefits or to get started with home delivery, you can go to [anthem.com](http://anthem.com) or call Member Services at the phone number on your member ID card.  
 Members who are speech- or hearing-impaired should call 1-800-221-6915 (TDD/TTY), Monday to Friday, 8:30 a.m. to 5 p.m., Eastern time.

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# Get help in your language

Curious to know what all this says? We would be too. Here's the English version:

You have the right to get this information and help in your language for free. Call the Member Services number on your ID card for help. (TTY/TDD: 711)

Separate from our language assistance program, we make documents available in alternate formats for members with visual impairments. If you need a copy of this document in an alternate format, please call the customer service telephone number on the back of your ID card.

## Spanish

Tiene el derecho de obtener esta información y ayuda en su idioma en forma gratuita. Llame al número de Servicios para Miembros que figura en su tarjeta de identificación para obtener ayuda. (TTY/TDD: 711)

## Chinese

您有權使用您的語言免費獲得該資訊和協助。請撥打您的 ID 卡上的成員服務號碼尋求協助。(TTY/TDD: 711)

## Vietnamese

Quý vị có quyền nhận miễn phí thông tin này và sự trợ giúp bằng ngôn ngữ của quý vị. Hãy gọi cho số Dịch Vụ Thành Viên trên thẻ ID của quý vị để được giúp đỡ. (TTY/TDD: 711)

## Korean

귀하에게는 무료로 이 정보를 얻고 귀하의 언어로 도움을 받을 권리가 있습니다. 도움을 얻으려면 귀하의 ID 카드에 있는 회원 서비스 번호로 전화하십시오. (TTY/TDD: 711)

## Tagalog

May karapatan kayong makuha ang impormasyon at tulong na ito sa ginagamit ninyong wika nang walang bayad. Tumawag sa numero ng Member Services na nasa inyong ID card para sa tulong. (TTY/TDD: 711)

## Russian

Вы имеете право получить данную информацию и помощь на вашем языке бесплатно. Для получения помощи звоните в отдел обслуживания участников по номеру, указанному на вашей идентификационной карте. (TTY/TDD: 711)

## Arabic

يحق لك الحصول على هذه المعلومات والمساعدة بلغتك مجاناً. اتصل برقم خدمات الأعضاء الموجود على بطاقة التعريف الخاصة بك للمساعدة. (TTY/TDD: 711)

## Armenian

Ձեր իրավունք ունեք Ձեր լեզվով անվճար ստանալ այս տեղեկատվությունը և ցանկացած օգնություն: Օգնություն ստանալու համար զանգահարեք Անդամների սպասարկման կենտրոն՝ Ձեր ID քարտի վրա նշված համարով: (TTY/TDD: 711)

## Farsi

شما این حق را دارید که این اطلاعات و کمکها را به صورت رایگان به زبان خودتان دریافت کنید. برای دریافت کمک به شماره مرکز خدمات اعضاء که بر روی کارت شناساییتان درج شده است، تماس بگیرید. (TTY/TDD: 711)

## French

Vous avez le droit d'accéder gratuitement à ces informations et à une aide dans votre langue. Pour cela, veuillez appeler le numéro des Services destinés aux membres qui figure sur votre carte d'identification. (TTY/TDD: 711)

#### Japanese

この情報と支援を希望する言語で無料で受けることができます。支援を受けるには、IDカードに記載されているメンバーサービス番号に電話してください。(TTY/TDD: 711)

#### Haitian

Ou gen dwa pou resevwa enfòmasyon sa a ak asistans nan lang ou pou gratis. Rele nimewo Manm Sèvis la ki sou kat idantifikasyon ou a pou jwenn èd. (TTY/TDD: 711)

#### Italian

Ha il diritto di ricevere queste informazioni ed eventuale assistenza nella sua lingua senza alcun costo aggiuntivo. Per assistenza, chiami il numero dedicato ai Servizi per i membri riportato sul suo libretto. (TTY/TDD: 711)

#### Polish

Masz prawo do bezpłatnego otrzymania niniejszych informacji oraz uzyskania pomocy w swoim języku. W tym celu skontaktuj się z Działem Obsługi Klienta pod numerem telefonu podanym na karcie identyfikacyjnej. (TTY/TDD: 711)

#### Punjabi

ਤੁਹਾਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਇਹ ਜਾਣਕਾਰੀ ਅਤੇ ਮਦਦ ਮੁਫਤ ਵਿੱਚ ਪ੍ਰਾਪਤ ਕਰਨ ਦਾ ਅਧਿਕਾਰ ਹੈ। ਮਦਦ ਲਈ ਆਪਣੇ ਆਈਡੀ ਕਾਰਡ ਉੱਤੇ ਮੈਂਬਰ ਸਰਵਿਸਜ਼ ਨੰਬਰ ਤੇ ਕਾਲ ਕਰੋ। (TTY/TDD: 711)

#### Navajo

Bee ná ahoót'í t'áá ni nizaad k'ehjí níká a'doowół t'áá jík'e. Naaltsoos bee atah nilínígíí bee né'cho'dólzingo nanitínígíí bé'esh bee hane'í bikáá' áá'j'í' hodiilnih. Naaltsoos bee atah nilínígíí bee né'cho'dólzingo nanitínígíí bé'esh bee hane'í bikáá' áá'j'í' hodiilnih. (TTY/TDD: 711)

#### **It's important we treat you fairly**

That's why we follow federal civil rights laws in our health programs and activities. We don't discriminate, exclude people, or treat them differently on the basis of race, color, national origin, sex, age or disability. For people with disabilities, we offer free aids and services. For people whose primary language isn't English, we offer free language assistance services through interpreters and other written languages. Interested in these services? Call the Member Services number on your ID card for help (TTY/TDD: 711). If you think we failed to offer these services or discriminated based on race, color, national origin, age, disability, or sex, you can file a complaint, also known as a grievance. You can file a complaint with our Compliance Coordinator in writing to Compliance Coordinator, P.O. Box 27401, Mail Drop VA2002-N160, Richmond, VA 23279. Or you can file a complaint with the U.S. Department of Health and Human Services, Office for Civil Rights at 200 Independence Avenue, SW; Room 509F, HHH Building; Washington, D.C. 20201 or by calling 1-800-368-1019 (TDD: 1-800-537-7697) or online at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>. Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.