Blue Distinction Total Care
Introducing your employees to a better state of health
Blue Distinction Total Care (BDTC) is a national value-based network that rewards doctors for delivering results – such as improved care coordination, reduced use of unnecessary medical services, better management of chronic diseases and lower costs – instead of the volume of services they perform.

All of that helps patients get healthy faster and stay healthy longer, reduces costs and creates a better health care experience.

Learn more about BDTC

“BDTC) gave us a vehicle to practice the type of medicine that we see makes a difference.”

— James Kesler, M.D.
Associates in Family Practice

Video
See how BDTC is transforming health care

FAQ
Frequently asked questions about BDTC
BDTC providers receive tools, support and incentives that enable them to change the way they practice medicine.

This change in provider behavior leads to better management of chronic diseases, less use of avoidable procedures, fewer hospitalizations and reduced costs.

Read the case study below to see how one provider practice has grown and evolved thanks to the enhanced support and incentives they've received from Anthem.

“Without the incentives and support we received from BDTC, we wouldn’t have been able to enhance our operations the way we have. BDTC enabled us to focus more attention on closing gaps in care and avoiding unnecessary ER visits and inpatient hospital stays.”

— Jennifer Sharp-Warthan, M.D.
Medical Director
Tidewater Physicians Multispecialty Group
A recent consumer experience study showed that nearly half of employees (45%) believe their employers should point them to appropriate providers for cost and quality.¹

By offering medical coverage, you’re a source of health information for your workforce. So leverage this role by educating your employees about how they can partner more effectively with their doctors and get better care.

Use the tools below to help your employees understand BDTC and choose high-quality doctors.

A better health care experience for your employees

Employees who use an BDTC provider are:

- 4% more satisfied with their doctors
- 6% more satisfied with their health plan

And because it helps your employees avoid unnecessary medical services and tests, they’ll also pay less for their health care and reduce their stress in the long run. That can translate into less time away from the office and higher productivity.

Meet your new health champion

Enhanced Personal Health Care doctors go above and beyond to help you stay healthy

* AEPHC Patient Experience Survey Results. In 2015, 2,751 EPHC patient interviews were conducted across four distinct domains to identify performance of EPHC providers over time, and, comparative performance to non-EPHC providers.

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In 2015, 2,751 BDTC patient interviews were conducted across four distinct BDTC patient populations. A total of 746 interviews were conducted for the non-BDTC group. Analyses were conducted across patient experience domains to identify performance of BDTC providers over time and the comparative performance of non-BDTC providers.

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