# Step Up Your Health Bracket Challenge

## Rules
- There should be two or more people per team.
- Participants must have a fitness tracker/pedometer to record steps and to show proof of steps.
- Advancement in the challenge is based on which team has the highest average of steps.

<table>
<thead>
<tr>
<th>Team #</th>
<th>Total # of steps</th>
<th># of days</th>
<th>Average # of steps</th>
</tr>
</thead>
<tbody>
<tr>
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<td>Team 2</td>
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<td>Team 5</td>
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<td>Team 6</td>
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**WEEK 1**

From ________ To ________

**WEEK 2**

From ________ To ________

**WEEK 3**

From ________ To ________

**WEEK 4**

From ________ To ________

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**WINNER**

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**WEEK 3**

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**WEEK 4**

From ________ To ________

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**WEEK 4**

From ________ To ________

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